

LITTLE PEOPLE OF AMERICA

LPA NATIONAL CONFERENCE GUIDE

A circular logo for the LPA National Conference 2025 in San Diego. The logo features a white center with the LPA logo at the top, "San 2025" in the middle, and "Diego" at the bottom. The text "LITTLE PEOPLE OF AMERICA NATIONAL CONFERENCE" is written in a purple arc around the top, and "JULY 3RD - 10TH, 2025" is written in a purple arc around the bottom. Two palm trees are positioned on the left and right sides of the bottom arc.

SAN DIEGO, CALIFORNIA

JULY 3-10, 2025

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PINK & GREEN

A SHARED PASSION FOR CREATING A BETTER TOMORROW.

Owens Corning Lumber is proud to stand together with LPA to create moments and spaces where the lives of individuals with short stature are supported, celebrated and strengthened.

Search for OC Lumber at





You stay classy, San Diego!

(when LPA is in town, that is)

We're finally here! We've been waiting for a very long time to see you all at this year's Little People of America 2025 National Conference. We're absolutely thrilled to be back at the San Diego Manchester Grand Hyatt to host an unforgettable week of bonding, banter, baseball, brilliance, and belonging, Billy Barty style.

Get ready to rock out because Thursday night kicks off our week with a bang with our first dance! Dust off those dancing shoes and join us for a night of showing off those moves that you've been secretly practicing all year. On Friday, we have a new addition to the schedule - an exclusive screening of the *Tallest Dwarf* documentary featuring LPA member Julie Wyman. Show off your competitive nature at our pickleball tournament, or find yourself at the baseball game event, where the Padres plan to dominate the Texas Rangers at Petco Park. Right after baseball, compete in a cornhole tournament before the fireworks explode overhead.

Saturday is all about parents meetings, receptions, workshops, the Coronado Ferry trip, and then arguably the coolest event of our week - our Surfin' USA Opening Celebration. If you haven't bought tickets yet, we recommend it - a great way to start off the week with food, entertainment, classy people, music, and fun. Don't forget to check out our Latin Dance afterwards! Sunday is all about medical workshops with LPA's renowned Medical Advisory Board members. Also, our champagne brunch cruise, the amazing Fashion Show, and the Barty Lounge kicks off with our surprise addition - Nic Novicki and friends are bringing their comedy to San Diego!

On Monday, the MAB individual meetings begin, or join the city trolley tour for a taste of what San Diego is all about. Family Fun Night is all about magic this year - don't miss the unbelievable show! Tuesday is the big beach day!.. and also workshops, receptions, and then the incredible talent show! Oh yes... don't forget to go to the Barty Lounge for the Little Big Band - the band led by MAB and LP members alike, and one of the most popular nights of the conference. The next day, you will find yourself at the San Diego zoo...or painting on a canvas...or another awesome workshop, before attending our California Cruisin' Banquet. Make sure you attend this year - we have our scintillating keynote speaker Selene Luna, along with some surprise guests.

Throughout the week's festivities, be sure to check out the CITM, Teens, Average Height Youth, Dwarf Artist Coalition, Young Adult AND OWLS events, just to name a few. We also encourage you to step outside and take a moment to appreciate the beauty of where we are - San Diego is arguably one of the most gorgeous cities in the world. Get ready for a week of adventure, laughter, and memories that will last a lifetime.

Welcome to the 2025 LPA National Conference - we hope it's one of the most beautiful weeks of your life.

With fondness & love,

Colleen, Bailey, Michael & Sandy

Your Friendly LPA Conference Management Committee

Letter from Eileen Norman

President of Little People of America

Hi LPA members, friends, allies, and partners!

Welcome to San Diego! We are glad you made it.



It has been an eventful year leading up to this very eventful week. Every time I see what goes into the planning of this conference, I am amazed at how much work, dedication, ingenuity, excitement, and love go into making this week transformative for all who attend.

Personally, I am looking forward to reconnecting with friends, learning new things from fellow members, meeting new folks here for the first time, and getting to spend a day on the Southern California beach (which is very different from the CA beaches where I am from).

As always, I want to thank the volunteers, staff, and partners who put in so much time and energy into putting this week together. I want to thank my fellow board members for their work throughout the year to keep LPA going, evolving, and improving. Thanks to all the families and pets of those mentioned who sometimes have their needs ignored while this group gets on one more call, creates one more spreadsheet, or signs one more contract. And I want to thank all of you for coming - for being part of this community and giving yourself the opportunity to be part of something unique that very few have the opportunity to be a part of.

Have a wonderful week, and stay classy!

All the Best,

Eileen

President, Little People of America

Thank You to our Wonderful Conference Sponsors

SINCERE APPRECIATION FOR
OUR GENEROUS SPONSORS!



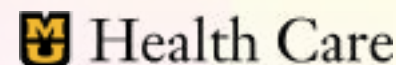
IN ALLIANCE WITH **UCLA** Health



THE ELLEN FERNANDEZ FAMILY

Thank You to our Wonderful Conference Sponsors

SINCERE APPRECIATION FOR
OUR GENEROUS SPONSORS!





welcome back.

LPA IS LOVE.

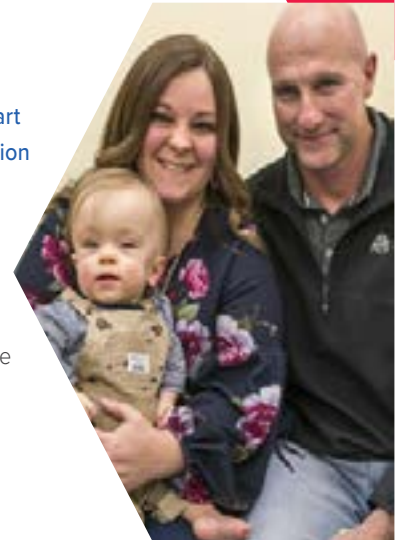
Remarkable bone dysplasia care

We offer comprehensive, state-of-the-art diagnostic services and care coordination for patients who have bone growth and bone structure conditions.

Services include specialty care for kids and adults as well as consultative and referral services to other health care providers. Our team has experts in:

- Audiology
- ENT
- Genetics
- Neurosurgery
- Ophthalmology
- Orthopedics and rehabilitation
- Pulmonology
- Sleep medicine

Our team sees patients in Madison, Wisconsin. Learn more about them at uwhealth.org/bd.



UWHealth

Conference Committee

Conference Management Committee

Who we are

Colleen Gioffreda

Bailey O'Connell

Michael Petruzzelli

Sandy Taylor

What we oversee

Chair; Registration, Hotel Liaison, Medical Advisory Board Liaison, Publications, Communications, DAAA Liaison, Fashion Show, Talent Show, Finances

Co-Chair; Banquet, Children's Banquet, Family Fun Night, Photographer, OWLS, A/V

Co-Chair; Offsite Events, Transportation, Volunteers, Barty Lounge, Lee Kitchen's Corner, Security, Opening Celebration, Bingo, Expo, Caught in the Middle (CITM), Teens, Archives, Dwarf Artists Coalition Liaison

Co-Chair; Space Planning, Food and Beverage, Receptions, Children's Room, Meet & Greets, Workshops, Spanish Liaison

Conference Committee Leads

Average Height Youth Coordinator

Audio/Visual

Archives

Banquet Producer

Barty Lounge

Bingo

Caught In The Middle (CITM)

Children's Room

Children's Banquet

Conference Logo

DAAA-LPA Liaison

Dwarf Artists Coalition

EXPO Coordinator

Fashion Show Coordinator

Conference Information Center

MAB Clinic Coordinator

Offsite Coordinator

Opening Celebration

OWLS Coordinator

Parent Meetings

Peer Support Leader

Public Relations

Registration Team

Security

Shipping Coordinator

Sponsorship Team

Talent Show Coordinator

Teen Events

Volunteer Coordinator

Workshop Coordinator

Young Adult Coordinator

Katharine Cartwright

M-Factor/Mike & Cherylle Mallinson

Jim Kay

Bailey O'Connell

Michael Petruzzelli / Joy Stilen

Rebecca and Danny Fava

Drew Ellis

Lou Ann McKay

Jimmy Korpai, Hailey Korpai

Jon Morato

Dan Hamill

Margaret Drew

Jamie O'Meara

Kate Robinson, Lakshmi Shyamakrishnan

Rebecca Fava

Colleen Gioffreda

Michael Petruzzelli / John Tassone

Michael Petruzzelli

Leslye Snider

Kelly Lee / Nicole Nastasi

Michelle Kraus

Jennifer Crumly

C. Gioffreda, J. Hankins, J. Henry, S. Little, C. Mansperger, S. Taylor

Chris O'Neill, John Tassone

Lou Ann McKay

Angie Giuffre, Jon Welch

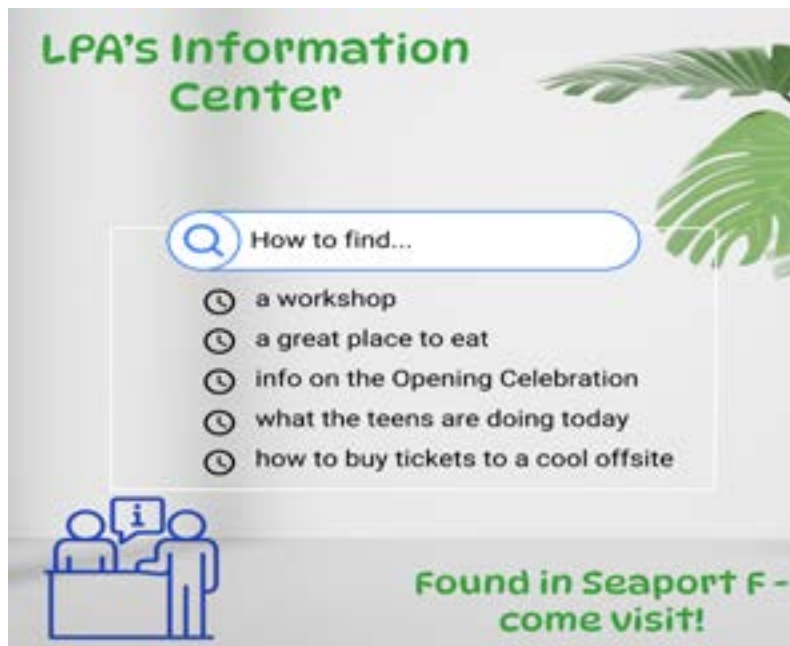
Ryan Gioffreda, Keaton Povinelli

Ally O'Neill

Amy Simon

Mary O'Neill

Sha Jameson



LPA National Board of Directors

President

Eileen Norman

Finance Director

Tanya Morato

Membership Director

Rachel Keller

Programs Director

Danielle Frank

Public Relations Director

Jennifer Crumly

Advocacy Director

Samantha Rayburn-Trubyk

Development Director

Jon Welch

Inclusion Director

Maria McClellan

Eastern Regional At-Large Representative

Joshua Maudlin

Central Regional At-Large Representative

Allison Lourash

Western Regional At-Large Representative

Lee Uniacke

LPA National Staff

LPA Administrative Manager

Courtney Mansperger

LPA Administrative Coordinator

Angelina Nastasi

LPA Communication Coordinator

Nichole Shaw

LPA Executive Director

Deb Himself

District Directors

District 1

Barbara Malinowski – barbara.malinowski@lpaonline.org
Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont

District 2

Sarah Little – director@lpadistrict2.org
New Jersey, New York, and Pennsylvania

District 3

Jenn Edwards – jedwards@d3lpa.org
Delaware, District of Columbia, Maryland, North Carolina, South Carolina, and Virginia

District 4

Brooke Chea – brooke.chea@lpaonline.org
Florida and Puerto Rico

District 5

Michael Spears – district5@lpaonline.org
Indiana, Kentucky, Michigan, Ohio, and West Virginia

District 6

Sarah Hill – lpa.district6@gmail.com
Illinois and Wisconsin

District 7

Katey Barnett – LPADistrict7@gmail.com
Arkansas, Kansas, Missouri, and Oklahoma

District 8

Sydney Stratton – lpadistrict8@gmail.com
Louisiana and Texas

District 9

Grace Ciardelli – gracecatherine0112@icloud.com
Iowa, Minnesota, Nebraska, North Dakota, and South Dakota

District 10

Mark Trombino – district10lpa@gmail.com
Arizona, Colorado, New Mexico, Utah, and Wyoming

District Directors (continued)**District 11**

Bridgette "Sam" Graham - grahamsbriidgette@gmail.com
Alaska, Idaho, Montana, Oregon, and Texas

District 12

Julio Maldonado – lpadistrict12@gmail.com
California, Hawaii, and Nevada

District 13

Brandy Mugford - lpadistrict13@gmail.com
Alabama, Georgia, Mississippi, and Tennessee

LPA Scholarship Donors

LPA is very grateful to this year's Scholarship donors who help LPA fulfill its mission of enhancing the lives of little people through education. In addition to the many donations LPA receives each year that benefit the Scholarship Fund, we would like to thank these donors for their generous gifts.

Ellen Fernandez Scholarship Fund

Greenberg Center Scholarships

Cari Shaffer Scholarship

Little People of America Scholarship Fund

LPA Committee Chairs

<i>Adoption Coordinator</i>	Colleen Gioffreda	adoption.lpa@gmail.com
<i>Advocacy Committee</i>	Chelsea Rivas	chelsea.rivas@lpaonline.org
<i>ANSI Committee</i>	Kori Allen	shortcakekori@gmail.com
<i>Bereavement / Double Dominance</i>	Mark Trombino Mary Ellen Little	trombinomark@hotmail.com melittle68@gmail.com
<i>Biotech Industry</i>	Michael Hughes	biotech.committee@lpaonline.org
<i>Bylaw & Policy Manual</i>	Ron Piro	RonPiro@aol.com
<i>Dwarf Artists Coalition</i>	Margaret Drew	dwarf.artist.coalition@gmail.com
<i>DAAA President</i>	Adam Ayers	president@daaa.org
<i>Employment Chair</i>	Becky Curran	beckymotivates@gmail.com
<i>Finance Chair</i>	Tanya Morato	tanya.morato@lpaonline.org
<i>Historian/Archives</i>	Jim Kay	jim.kay@lpaonline.org
<i>Inclusion Committee</i>	Maria McClellan	maria.mcclellan@lpaonline.org
<i>International Liaison</i>	OPEN	international@lpaonline.org
<i>Hispanic Affairs Committee</i>	Brenda Martinez	lpalatinos@gmail.com
<i>LPA Today Online, E-Newsletter Editor</i>	Nichole Shaw	lpatoday@lpaonline.org
<i>Medical Resource Director</i>	Ericka Okenfuss	erickamrd@gmail.com
<i>National Conference (CMC)</i>	Colleen Gioffreda	nationalconference.lpa@gmail.com
<i>Parent Coordinators</i>	Kelly Lee Nicole Nastasi	kellylee.lpa@gmail.com nmnastasi@me.com
<i>OWLS Coordinator</i>	Leslye Sneider	leslyesneider@comcast.net
<i>Rainbow Committee Chair</i>	Bekah Bailey	bekahmbailey@gmail.com
<i>Teen Coordinator</i>	Ally O'Neill	allyoneill@comcast.net
<i>Young Adult Coordinator</i>	Sha Jameson	shajameson@gmail.com



Little People of America's Medical Advisory Board

LPA is very fortunate to have a team of doctors throughout the United States and internationally who have taken an interest in skeletal dysplasia. We are very thankful to the Fernandez family for sponsoring the MAB workshops and individual meetings through the Ellen Fernandez Fund. We are also very fortunate as an organization, because each year the MAB doctors **pay their own way** to the National Conference and meet with members for **free** to help individuals and families in our community. Please take a moment to stop by the medical clinic or stop them in the lobby to say "thank you". Through their knowledge, our members get access to the best care possible.



LPA Medical Advisory Board Members in Attendance

Dr. Julie Hoover-Fong, Chair	Johns Hopkins University	Genetics
Dr. Gary Bellus	Geisinger Medical Center	Genetics
Dr. Michael Bober	Nemours Hospital	Genetics
Dr. Jeffrey Campbell	Nemours Children's Hospital	Neurosurgery
Erin Carter	NY Hospital for Special Surgery	Genetic Counselor
Dr. Moise Danielpour	Cedars Sinai Hospital	Neurosurgery
Colleen Ditro	Nemours Children's Hospital	Nurse Practitioner
Angie Duker	Nemours Children's Hospital	Genetic Counselor
Kim Fine, OT CHT	Baptist Health Physical Therapy	Occupational Therapy
Dr. Clair Francomano	Indiana University	Genetics
Colleen Gioffreda	Johns Hopkins University	Administrator
Dr. Mari Groves	Johns Hopkins University	Neurosurgery
Dr. Jacqueline Hecht	University of Texas Houston	Genetics
Dr. Dan Hoernschemeyer		Orthopedics
Dr. Christina Jacobsen	Boston Children's Hospital	Endocrinology
Dr. George Jallo	Johns Hopkins All Children's	Neurosurgery
Dr. Deborah Krakow	University of California - LA	OB /Gyn
Dr. Michael Kropf	Cedars Sinai Hospital	Orthopedics
Dr. Janet Legare	University of Wisconsin - Madison	Pediatrics
Mary Ellen Little	Nemours Children's Hospital	Nursing
Kira Lurman	Johns Hopkins University	Nursing
Dr. W. G. Stuart Mackenzie	Nemours Children's Hospital	Orthopedics
Peggy Modaff	University of Wisconsin - Madison	Genetic Counselor
Dr. Sarah Nikkel	BC Women's Hospital and Health Centre	Genetics
Ericka Okenfuss	Kaiser Sacramento	Genetic Counselor
Dr. Caleb Rogers	Oregon Health & Science University	Genetics
Dr. George Tiller	Kaiser Los Angeles	Genetics
Dr. David Tunkel	Johns Hopkins University	ENT
Karen Turner	Nemours Children's Hospital	Physical Therapy
Dr. Klane White	Children's Colorado Hospital	Orthopedics

Additional Physicians in Attendance

Dr. Jenna Briddell	Nemours Children's Hospital	<i>ENT</i>
Dr. Ricki Carroll	Nemours Children's Hospital	<i>Palliative Care</i>
Dr. Melissa Esparza	Phoenix Children's Hospital	<i>Orthopedics</i>
Dr. James Farmer	Hospital for Special Surgeries	<i>Orthopedics</i>
Dr. Jessica Fernandez	Johns Hopkins University	<i>Rehabilitation Medicine</i>
Dr. Caroline Forsythe	Enseignante Clinique	<i>Orthopedics</i>
Dr. Catherine Gooch	Washington University	<i>Genetics</i>
Dr. Hasan Gun	Johns Hopkins University	<i>Genetics</i>
Dr. Jeff Henstenburg	University of Wisconsin - Madison	<i>Orthopedics</i>
Dr. Mahim Jain	Nemours Children's Hospital	<i>Genetics</i>
Dr. Julie Johnson	Sanford Health Hospital	<i>Rehabilitation Medicine</i>
Dr. Amelia Lindgren	Cedars Sinai Hospital	<i>Orthopedics</i>
Dr. Gene Liu	Cedars Sinai Hospital	<i>ENT</i>
Dr. Rachel Lombardo	Phoenix Children's Hospital	<i>Genetics</i>
Dr. Francis Lovecchio	Hospital for Special Surgeries	<i>Orthopedics</i>
Dr. Billur Moghaddam	Kaiser Permanente	<i>Genetics</i>
Dr. Abraham Oommen	Nemours Children's Hospital	<i>Anesthesia</i>
Dr. Luis Ortiz	All Children's Johns Hopkins Hospital	<i>Pulmonology</i>
Dr. Rosa Ortiz DeLuna	Hospital General Dr. Norberto Trevino	<i>Genetics</i>
Dr. Farrah Rajabi	Children's Hospital Colorado	<i>Genetics</i>
Dr. Anthony Scaduto	University of California - Los Angeles	<i>Orthopedics</i>
Dr. Andy Stadler	University of Wisconsin - Madison	<i>Neurosurgery</i>

Additional Physicians in Attendance

Dr. Mary Theroux	Nemours Children's Hospital	<i>Anesthesia</i>
Dr. Alexander Tuchman	Cedars-Sinai Medical Center	<i>Neurosurgery</i>
Dr. Isum Ward	Sanford Health - Sioux Falls	<i>Genetics</i>

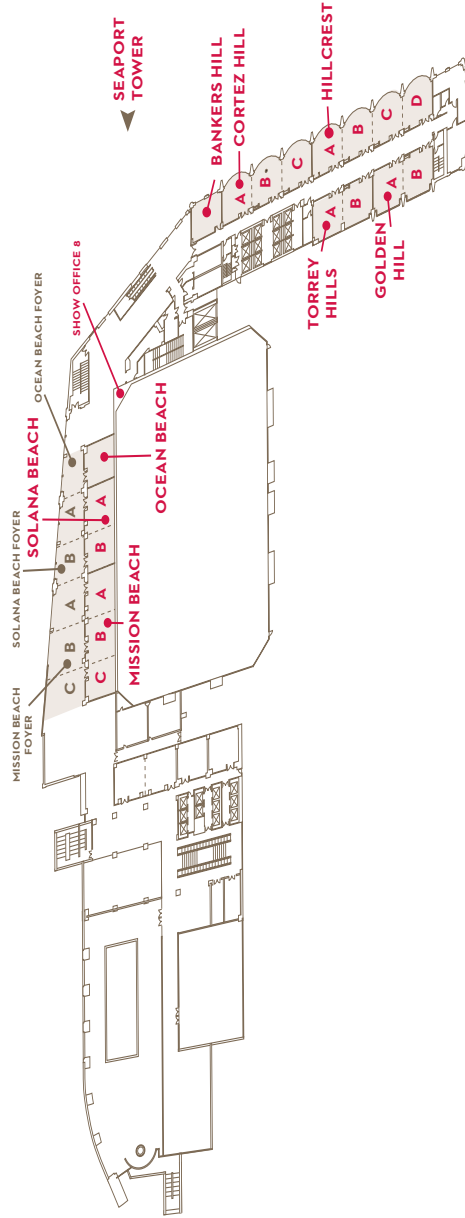
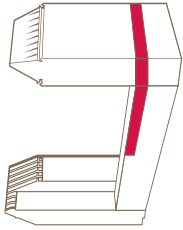
Additional Medical Staff in Attendance

Janet Bell	Children's Hospital Colorado	<i>Genetic Counseling</i>
Shannon Bonner	Nemours Children's Hospital	<i>Genetic Counseling</i>
Shelley Brandstetter	Children's Hospital Colorado	<i>Nurse Practitioner</i>
Niki Buckler	University of Missouri	<i>Orthopedic Assistant</i>
Hannah Ciriacks	Sanford Health Hospital	<i>Genetic Counseling</i>
Dawn Earl	Seattle Children's Hospital	<i>Nurse Practitioner</i>
Katie Harp	Nemours Children's Hospital	<i>Social Work</i>
Kory Keller	Shriner's Hospital for Children	<i>Genetic Counseling</i>
Sungmin Kim	Colorado Children's Hospital	<i>Research Coordinator</i>
Andree Kropf	Cedars-Sinai Medical Center	<i>Nursing - Orthopedics</i>
Sarah Little	Nemours Children's Hospital	<i>Physician Assistant</i>
Ana Maj	Children's Colorado Hospital	<i>Nursing</i>
Deborah McInerney	NY Hospital for Special Surgery	<i>Nutrition</i>
Amy Patterson	Johns Hopkins University	<i>Genetic Counseling</i>
Elizabeth Rausch	Colorado Children's Hospital	<i>Physician Assistant</i>
Lisa Tetreault	Johns Hopkins All Children's	<i>Nursing Coordination</i>
Rachel Volesky	Colorado Children's Hospital	<i>Administration</i>
Catherine Wells	Shriner's Hospital for Children	<i>Case Management</i>

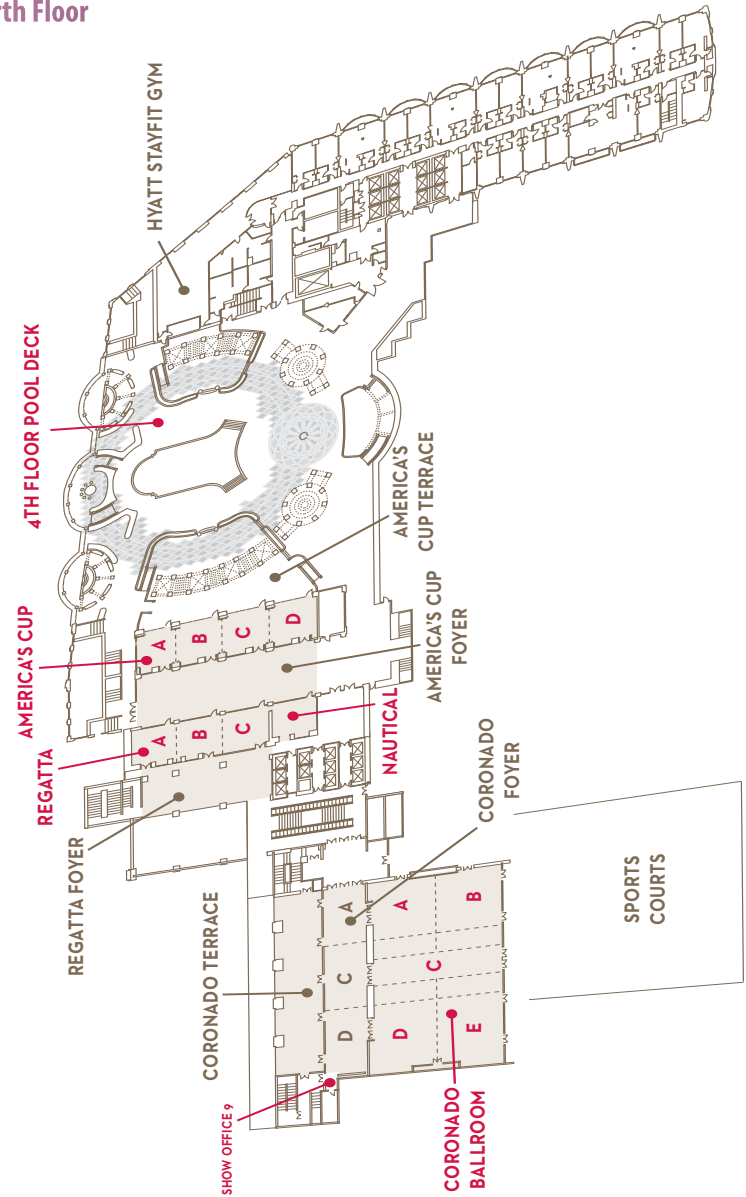


Meeting Space

Third Floor

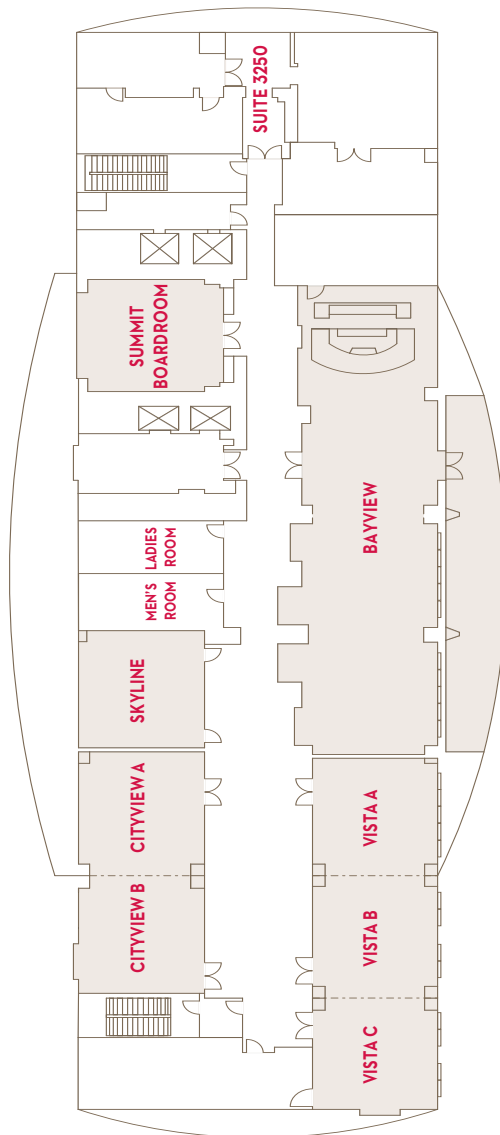


Fourth Floor





Thirty-Second Floor



Non-Discrimination

LPA does not discriminate on the basis of race, color, religion, sex, sexual orientation, age, national origin, and diagnosis or disability status in its programs and activities, with respect to admission, access, treatment, benefit and/or employment. LPA also does not condone any form of harassment.

Smoking

Please respect your fellow LPA members with health conditions. The San Diego Hyatt is smoke-free. Designated smoking areas are located outside the building.

Prohibited Conduct

LPA members and other attendees of LPA functions may be disciplined for grievous behavior during or related to an LPA function, including the national conference by eviction, membership probation, revocation of membership, and/or other actions deemed reasonable. Any official action by LPA does not preclude legal recourse by the hotel or outside entity. Prohibited behavior includes, but is not limited to, illegal use of alcohol and/or drugs, sexual harassment, destruction of hotel or private property and harassment.

Sexual Harassment

Little People of America is committed to providing a safe environment for all its members free from any harassment including sexual harassment. Little People of America will operate a zero tolerance policy for any form of sexual harassment at the National Conference, treat all reports seriously and promptly investigate all allegations of sexual harassment. Any person found to have sexually harassed another will face disciplinary action, up to and including removal from the conference and membership suspension.

Sexual harassment is defined as any unwelcome or unwanted sexual advance, request for sexual favors, or other verbal or physical conduct of a sexual nature from someone in the LPA community that creates discomfort and/or interferes with the Conference attendance.

Complaints of sexual harassment will be taken seriously and treated with respect and in confidence. Reports of sexual harassment should be brought to an LPA Board member or hotel security.



LPA National Conference Policies

Alcohol Use Under the Age of 18

The legal drinking age in California is 21 years old. If it is determined by hotel security, police, or an LPA officer that an individual under the age of 18 is under the influence of alcohol at an LPA National Conference, then that individual may not be allowed to attend a LPA National Conference without at least one parent or their legal guardian in attendance until age 18. They will not be allowed to designate a Conference Guardian. Parents will be contacted immediately regarding the individual's alcohol consumption and resulting behavior. If parents are in attendance at the National Conference, then the underage individual shall be prohibited from attending the next National Conference. If the person has a second infraction, with or without their parents present before they are 18 years of age, then they will not be allowed to attend LPA National Conference until they are 21.

Alcohol Use Between Ages 18 and 21 – Zero Tolerance

Individuals between the ages of 18 and 21 (or the legal drinking age where the Conference is being held) who are determined by hotel security, police, or an LPA official to be under the influence of alcohol at an LPA National Conference event shall not be allowed to attend another LPA Conference until age 21 and they may be removed from the current Conference site. Additionally, LPA will consult with hotel security and/or local law enforcement agencies on reporting the underage consumption of alcohol or marijuana use.

Providing Alcohol to Minors

Little People of America, its officers and Conference Committee, will not tolerate anyone of any age providing or purchasing alcohol for minors. This includes the purchase of alcohol in bars or clubs, cash bars or providing of alcohol at individual parties in private hotel rooms. If an individual is found to be in violation:

1. They will be reported to the hotel security and local law enforcement officials for the legal action of the host Conference site.
2. They will be removed from the current LPA Conference.
3. They may not be allowed to attend the next two LPA Conferences.

A committee consisting of not less than the following individuals: the LPA Executive Officers, the current National Conference Chair, and their current or past District Director and/or Chapter President will determine their attendance at National Conferences thereafter. They may also lose their membership to LPA for an undetermined length of time.

LPA National Conference Policies

Disruptive Behavior

If a person of any age participates in the destruction or damage of any public or private property, disorderly conduct, verbal or physical fighting, harassment or abuse of individuals while at an LPA National Conference, that person will be subjected to disciplinary action by the local civil authorities and/or LPA Executive Committee and/or Board of Directors.

Also Note - Under 21 years old will be checked

For all onsite and offsite events that require participants to be over 21, registrations will be checked against LPA records. You may need to provide identification.

LPA is Harassment Free

LPA is a Harassment Free Place. At LPA we do not tolerate any discrimination, harassment or bigotry towards people based on race, color, religion, sex, sexual orientation, age, national origin, diagnosis, or disability status. Please abide by our Code of Conduct, that you signed at registration. If you have experienced harassment or discrimination at LPA, please find a Board Member or go to the Conference Information Center and ask for support.



LPA National Conference Information

Conference Name Badge

A new and improved process for badges is here! We are excited to partner with Field Drive, a technologically advanced software company that will be printing badges onsite. Every attendee, at every age, must go to the registration room to ensure they are registered for a badge, and then have their photo taken. We have been able to upload information on all preregistered attendees to expedite the check-in process. There will be four kiosks waiting to take your beautiful photo - please note you get limited amount of "re-dos", so smile on your first attempt! Please realize that we used the information you entered when you registered, so if you spelled your name a certain way, that will be what is on your name badge.

Official LPA Conference name badges are required of all attendees at all times. Name badges **MUST** be worn at all events. Failure to wear the name badge may result in the conference committee denying you admission to conference events. The committee reserves the right to ask individuals to show their legal identification; i.e. state licenses, ID, or Passport. Any attempt to falsify, counterfeit, **use someone else's or share a name badge** is considered a violation of the attendee's signed code of conduct and will result in consequences from the Conference Committee and LPA Executive Committee, including and not limited to loss of the right to attend events or the conference itself.

Conference Information Center

2nd Floor, Seaport Ballroom F

Information Center volunteers will be able to answer any questions you may have during the conference. This is also the place where we will be selling conference t-shirts and conference related souvenirs.

Media at the 2025 Conference

All media **MUST** have LPA approved media credentials. These can be obtained through LPA's Director of Public Relations, Jennifer Crumly, at jennifer.crumly@lpaonline.org. If someone from the media does not have LPA approved credentials, please direct them to LPA Conference Registration (Seaport F, 2nd Floor). Approved media will only be allowed to cover the following conference events:

- General Assembly – Monday, July 7th
- LPA Expo – Tuesday, July 8th
- LPA California Cruisin' Banquet - Wednesday, July 9th

Sale of Goods at Conference

Sales of any goods outside the LPA Expo are strictly prohibited. LPA Conference items are for sale at the LPA Information Desk. LPA Event tickets that are for sale may be posted on the designated bulletin board outside of registration. Individuals selling items such as jewelry, souvenirs, or other products, may be required to leave the conference.

Use of Razor Scooters at the Conference

Razor scooters are a very popular way for LP kids and teens to quickly get from one place to the other. If you or your child has brought a scooter to the conference, please ride slowly indoors and be mindful of others. The hotel has graciously allowed LPA attendees to use scooters for mobility purposes only, not for play. Please be respectful of the hotel's policies, or LPA attendees risk the use of these scooters at the Hyatt, as well as all future LPA Conference hotels. Thank you for your help and consideration in making the hotel a safe place for everyone.

Lost Items? Have Tickets to Sell?

Lost items may be turned into LPA Registration, DAAA Registration, or hotel security. Please give time for items to be turned in or check back periodically.

LPA Event Tickets that individuals wish to trade may be posted outside registration. LPA Conference registration does not refund any individual purchased event tickets onsite. All trades are between individuals, and LPA does not take any responsibility for those transactions.

LPA Registration Room Hours

Seaport Ballroom F, 2nd Floor

<i>Thursday, July 3rd</i>	<i>3:00pm - 9:30pm</i>
<i>Friday, July 4th</i>	<i>8:00am - 2:00pm; 4:00pm - 9:30pm</i>
<i>Saturday, July 5th</i>	<i>8:00am - 11:30am; 3:00pm - 7:00pm</i>
<i>Sunday, July 6th</i>	<i>8:00am - 1:00pm</i>
<i>Monday, July 7th</i>	<i>9:00am - 1:00pm</i>
<i>Tuesday, July 8th</i>	<i>9:00am - 1:00pm</i>
<i>Wednesday, July 9th</i>	<i>9:00am - 1:00pm</i>



LPA National Conference Information

Conference Information Center Hours

Seaport Ballroom F, 2nd Floor

Thursday, July 3rd	5:00pm - 8:00pm
Friday, July 4th	2:00pm - 8:30pm
Saturday, July 5th	1:00pm - 5:00pm
Sunday, July 6th	12:00pm - 4:00pm
Monday, July 7th	1:00pm - 4:00pm
Tuesday, July 8th	11:00am - 2:00pm

New! LPA National Office @ Conference

Show Office 7, 2nd Floor

Ever want to talk to the Executive Director, Staff, or Board Members about your LPA membership questions? Do you want to check on your membership standing? Or maybe you want to finally purchase that big goal of exclusive lifetime status that will save you money at future conferences? Well we've got what you need! This year we have dedicated a room for the Executive Committee to meet with their constituents. Hours are still to be determined - but don't hesitate to stop by.

Group Photo

The Group Photo will be taken immediately before Fashion Show doors open in the Seaport Foyer, adjacent to the Lee Kitchens Corner, or once everyone is seated in the ballroom. Meet in the Seaport Foyer, right outside of the Fashion Show, and be ready to give us your most dazzling conference smile.

Banquet Photos

Our professional photographer Freddo Wilson-Higuera will be excited and ready to take high-quality photos of fancy-you on California Cruisin' Banquet night. A code will be provided for purchase of the professional images. Also, there will be a step and repeat that you can take your own shots as well. Make sure to look fancy when you cruise into the night!

Conference Veterans

Please be on the lookout for brightly-colored "First Timer" ribbons attached to name badges and make our first-time conference attendees feel welcome. Please introduce yourself and engage them in conference activities.

Bus Loading & Unloading

Kettner Entrance, Seaport Tower. All buses load on the west side of the Hyatt facing Cheesecake Factory. You are strongly encouraged to come 10-15 minutes early to assist with easy access loading for off-site events and activities where busing is provided or otherwise noted.

Photo Release and Conference Rules

By attending the LPA conference you hereby agree to follow the rules set forth in the General Conference Information and LPA Policies sections of this booklet and hereby give your permission to Little People of America and their designated agents to take and use any photograph, a video-tape of you or your voice for publication or reproduction in any advertisement, public relations or fund raising efforts of the association, its programs or agents.

Phoenix
Children's
is a proud
sponsor
of the

2025

**Little People
of America**
National Conference



To learn more, visit
phoenixchildrens.org.

Phoenix Children's Skeletal Health and Dysplasia Clinic is the only comprehensive, multispecialty pediatric clinic of its kind in Arizona. Our clinic serves children and young adults from across the Southwest.



Getting Around San Diego

San Diego's public transportation system is accessible and close to the Hyatt. The closest stop is at the Seaport Village Station, which is across the street from the Hyatt on the **green line**. (Not to be confused with the "Old Town Trolley" Tours that are scheduled on Monday). For your convenience, the CMC has purchased reloadable reduced fare PRONTO cards, which includes a 1-day pass fare. These can be bought for \$5 each at the Information Center (and if you use them again, you can reload them right at the trolley stop). For more information and maps, check out the San Diego transit website: <https://www.sdmts.com/>

Accessible Transportation

While some Uber and Lyft services are accessible, attendees may prefer to reserve an accessible van ahead of time. Click on the links for more information.

Coronado Livery

Phone: 619-542-1924

Happy To Help Transportation

Phone: 619-885-3737

Kelsee Transportation

Phone: 619-323-9339

San Diego Mobility Van Rentals

Phone: 619-807-1050

Sea Breeze Shuttle

Phone: 619-204-5744

Driving and Parking Information

The Manchester Grand is located on Market Street, and parking for our members is offered at 25% off the current rates of \$45 per night for self-parking, and \$65 per night for valet. The parking garage does not accommodate oversized vehicles, height clearance 6 feet 7 inches. Valet does offer a maximum parking height of 8 feet 2 inches.

Rail Information

The Hyatt is less than one mile from the San Diego Santa Fe Depot train station which is served by Amtrak. Station address: 1050 Kettner Boulevard, San Diego.

San Diego MTS Trolley System





LPA Conference Schedule of Events

THURSDAY – JULY 3RD		
TIME	FUNCTION	LOCATION
3:00pm - 9:30pm	LPA Registration	Seaport F
4:00pm - 8:00pm	DAAA Check-In	Show Office 6
5:00pm - 8:00pm	Conference Information Center ("Concierge")	Seaport F
7:00pm - 8:00pm	Volunteer Training and Sign up	La Jolla A
9:00pm - 1:00am	Dance	Seaport Ballroom

FRIDAY – JULY 4TH		
TIME	FUNCTION	LOCATION
7:00am - 12:00pm	DAAA Check-In	Show Office 6
8:00am - 2:30pm	LPA Registration	Seaport F
8:00am - 5:00pm	DAAA Boccia	Grand Hall D
9:00am - 10:00am	Volunteer Training and sign up	La Jolla A
10:00am - 11:00am	Parents & Family Reception	Balboa ABC
10:00am - 11:30am	CITM Fun Hangout	Grand Hall A
11:00am - 1:00pm	Average Height Youth: Photo Scavenger Hunt	Oldtown A
11:00am - 1:00pm	Pickleball Tournament	Game Deck

FRIDAY – JULY 4TH (continued)		
TIME	FUNCTION	LOCATION
11:30am - 12:30pm	Teens: Meet and Greet at Ben & Jerry's	Meet in Lobby at Market One
1:00pm - 4:00pm	Tallest Dwarf Screening	Seaport Ballroom
1:30pm - 7:00pm	Offsite: San Diego Padres Event	Petco Park
2:00pm - 8:30pm	Conference Information Center	Seaport F
4:00pm - 9:30pm	LPA Registration	Seaport F
6:00pm - 7:00pm	Welcome Back Board Reception* (By invitation only)	Gaslamp AB
6:30pm - 7:00pm	Children's Room Open House	Seaport H
7:00pm - 9:00pm	Pool Deck Fun and Cornhole Tournament	Pool
8:00pm - 9:30pm	Rainbow Social	Gaslamp AB
9:00pm - 1:00am	Dance	Seaport Ballroom
9:00pm - 10:00pm	Fireworks on your own	San Diego Harbor



LPA Conference Schedule of Events

SATURDAY – JULY 5TH		
TIME	FUNCTION	LOCATION
7:00am - 11:00am	DAAA Check-In	Show Office 6
8:00am - 9:00 am	Early Bird Pool Exercise Workshop	Pool
8:00am - 11:30am	LPA Registration	Seaport F
8:00am- 12:00pm	Children's Room	Seaport H
8:00am - 5:00pm	Board of Directors Meeting	Ocean Beach
8:00am - 4:30pm	DAAA Basketball@Sol City (transportation starts @ 7 am)	Buses load @ Kettner Entrance
10:00am - 11:00am	Young Adults: Coffee Break	Market One
10:00am - 11:30am	DAC Art Heals Workshop	America's Cup
10:00am - 11:30am	Reuniones de Padres/Taller	Gaslamp AB
10:30am-11:15am Workshops: Session I		
	ABLE Accounts: Best Kept Secret in Financial Planning	Solana Beach A
	How to become an ADA Coordinator and make Disability Advocacy your career!	Mission Beach A
	Little Women Shaped in Confidence	Solana Beach B
	Autoaceptación y Percepción Corporal	Bankers Hill

SATURDAY – JULY 5TH (continued)		
TIME	FUNCTION	LOCATION
10:15am - 4:30pm*	Offsite OWLS: Coronado Ferry Trip with Lunch *TIME CHANGE*	Meet at Hyatt Gift Shop, Lobby
11:15am - 4:30pm	Offsite: Coronado Ferry Trip	Meet at Hyatt Gift Shop, Lobby
1:00pm-2:15pm Workshops: Session II		
	Thriving In Your Calling: Starting and Running a Business	Solana Beach A
	Health and Wellness for LPs	Solana Beach B
	Loving An Addict	Mission Beach B
1:00pm - 3:00pm	Average Height Youth: Game Day	Oldtown A
1:00pm - 3:00pm	Parents Meeting	Balboa ABC
1:00pm - 4:00pm	Children's Room	Seaport H
1:00pm - 5:00pm	Conference Information Center	Seaport F
2:30pm-3:45pm Workshops: Session III		
	You Deserve Full Access	Bankers Hill
	Double Dominance and IVF Support	Mission C
	Making Sense of Program and Policy, Impacts of Change in DC	Solana Beach A
	Exploring Your Inner Child	Torrey Hills B



LPA Conference Schedule of Events

SATURDAY – JULY 5 <i>(continued)</i>		
TIME	FUNCTION	LOCATION
3:00pm - 5:00pm	Teens: Hangin' by the Pool	Pool
3:00pm - 7:00pm	LPA Registration	Seaport F
3:30pm - 5:00pm	Pseudo Meet & Greet	La Jolla B
4:00pm - 5:00pm	International Reception	Grand Hall D
4:00pm - 6:00pm	MOPD Meet & Greet	Solana Beach B
4:00pm - 6:00pm	DAAA Check-In	Show Office 6
4:30pm - 6:00pm	Newcomers Reception	Grand Hall C
5:00pm - 6:00pm	Recepcion Para Personas De Habla Hispana	Grand Hall D
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Seaport Foyer
6:00pm - 8:00pm	Surfin' USA Opening Celebration	Seaport Ballroom
6:00pm - 9:00pm	LPA Platinum Expo	Seaport Foyer
8:30pm - 12:00am	Baile Latino (Latin Dance Night) EVERYONE INVITED	America's Cup
9:00pm - 11:00pm	Bingo	Grand Hall B
9:00pm - 1:00am	Dance	Seaport Ballroom

SUNDAY – JULY 6		
TIME	FUNCTION	LOCATION
7:00am - 11:00am	DAAA Check-In	Show Office 6
8:00am - 9:00 am	Early Bird Pool Exercise Workshop	Pool
8:00am - 12:00pm	Children's Room	Seaport H
8:00am - 11:30am	DAAA Volleyball@ Sol City	Buses at Kettner Entrance
8:00am - 1:00pm	LPA Registration	Seaport F
8:30am - 10:00am	Psychosocial Parent Meeting	Balboa ABC
8:30am - 1:30pm	DAAA Rowing @ SD Rowing Club	Buses at Kettner Entrance
10:00am - 11:30am	Reunions de Padres / Taller	Gaslamp AB
10:00am - 12:00pm	Average Height Youth: Cornhole	Pool Deck
10:00am - 1:30pm	<i>Offsite: Champagne Brunch Cruise</i>	Meet in Lobby
10:15am - 1:00pm	<i>Offsite: SEAL Tour</i>	Meet at Kettner Entrance
10:45am-12:00pm	MAB Workshops: Session A	
	Achondroplasia and Hypochondroplasia	Ocean Beach
	Adult LPs -Growing Older & Wiser	Cortez Hill A
	Advanced Directives	Cortez Hill B



SUNDAY – JULY 6		
TIME	FUNCTION	LOCATION
10:45am - 12:00pm	MAB Workshops: Session A <i>(continued)</i>	
	Endocrine Issues	Cortez Hill C
	Everything Genetic about Skeletal Dysplasia	Mission Beach ABC
	Osteoarthritis, Joint Replacement, and More	Bankers Hill
	Pain Management	Solana Beach AB
	Sleep Apnea Issues in the Skeletal Dysplasia	Torrey Hills A
	What to Know about Anesthesia	Torrey Hills B
	Women's Health: Before and After Hot Flashes	Hillcrest AB
11:00am - 12:00pm	DAC Tellin'Tales Theatre - Improv Workshop	America's Cup Foyer
12:00pm - 4:00pm	Conference Information Center	Seaport F
12:00pm - 4:00pm	LPA Platinum Expo	Seaport Foyer
1:00pm - 2:15pm	MAB Workshops: Session B <i>(continued)</i>	
	Better Nutrition and Exercise, Better Life	Hillcrest AB
	Hearing Loss and Ear Issues	Cortez Hill B

SUNDAY – JULY 6 <i>(continued)</i>		
TIME	FUNCTION	LOCATION
1:00pm - 2:15pm	MAB Workshops: Session B <i>(continued)</i>	
	Better Nutrition & Exercise, Better Life	Laurel C & D
	Just the Facts, Ma'am	Mission Beach ABC
	Limb Alignment Issues	Cortez Hill A
	Neurosurgical Issues of Head/Neck/Spine	Solana Beach AB
	Parental Discussion of Medical and Genetic Info with Pediatric Patients and Siblings	Cortez Hill C
	PT and OT Concerns for Infants through High Schoolers	Ocean Beach
	Reproductive Issues	Hillcrest CD
	What to Know about Anesthesia	Torrey Hills B
1:00pm - 3:00pm	Young Adults: Poolside Fun	Pool
1:00pm - 4:00pm	Children's Room	Seaport H
12:30pm - 4:30pm	DAAA Swimming@ Coronado High	Buses at Kettner Entrance



SUNDAY – JULY 6 (continued)		
TIME	FUNCTION	LOCATION
2:30pm - 3:45pm	MAB Workshops: Session C	
	Achondroplasia and Hypochondroplasia	Torrey Hill B
	Adult Cervical and Spinal Stenosis	Cortez Hill B
	Better Nutrition and Exercise, Better Life	Hillcrest AB
	Pain Management	Solana Beach AB
	Pediatric Foreman Magnum Stenosis and Hydrocephalus	Cortez Hill A
	PT - Strengthening Suggestions when Planning for Spine or Leg Surgery	Ocean Beach
	Psuedo, MED, CHH, EVC, OI, and Related Conditions	Cortez Hill C
	Research Results to use in Everyday Life	Mission Beach ABC
	Respiratory Issues and Sleep Apnea	Torrey Hills A
	SED, SEMD, and Kneist	Hillcrest CD
3:00pm - 4:00pm	Fashion Show Rehearsal	Seaport Ballroom
4:00pm - 6:00pm	MAB Reception* (By invitation only)	Bayview

SUNDAY – JULY 6 (continued)		
TIME	FUNCTION	LOCATION
4:30pm - 5:30pm	CHH Meet & Greet	Gaslamp C
4:30pm - 5:30pm	OI Meet & Greet	La Jolla A
5:00pm - 6:00pm	Acromesomelic Meet & Greet	Gaslamp D
5:00pm - 6:00pm	Diastrophic Meet & Greet	Gaslamp AB
5:00pm - 6:00pm	Morquio Meet & Greet	Solana Beach AB
5:00pm - 6:00pm	SED / Kniest Meet & Greet	Mission Beach ABC
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Seaport Foyer
6:00pm - 7:00pm	LPA Group Photo	Seaport Foyer
6:00pm - 9:00pm	DAC Visual Art Display	Seaport Foyer
6:00pm - 9:00pm	LPA Expo	Seaport Foyer
7:00pm - 8:30pm	California Dreamin' Fashion Show	Seaport Ballroom
9:00pm - 11:00pm	Bingo	Grand Hall B
9:00pm - 1:00am	Dance	Seaport Ballroom
10:00pm - 1:00am	Barty Lounge - Comedy Night	America's Cup



MONDAY – JULY 7

TIME	FUNCTION	LOCATION
8:00am - 12:00pm	Children's Room	Seaport H
8:00am - 4:30pm	DAAA Soccer@Coronado High School	Buses @ Kettner Entrance
8:30am - 10:30am	Parents Meeting	Balboa ABC
8:30am - 5:00pm	MAB Medical Meetings	31st Floor, Harbor Tower
9:00am - 10:30am	Yoga with Ryan Gambrell	Pool Deck
9:00am - 11:00am	DAAA Check-In	Show Office 6
9:00am - 1:00pm	LPA Registration	Seaport F
10:00am - 11:00am	Average Height Youth: Workshop 8 - 12 yrs	Oldtown A
10:00am - 11:30am	CITM Fun Hangout	Grand Hall A
10:00am - 11:30am	General Assembly	Mission Beach ABC
10:00am - 11:30am	Reunions de Padres / Taller	Gaslamp A
11:00am - 12:00pm	DAC Tellin' Tales Theatre - Monologue Storytelling	America's Cup Foyer
11:15am - 12:15pm	Average Height Youth: Workshop 13 and up yrs	Oldtown A
12:30pm - 4:00pm	Offsite: San Diego City Trolley Tour	Meet at Kettner Entrance
1:00pm - 1:45pm General Workshops: Session IV		
	Health and Exercise for LPs	Solana Beach AB
	Sticks and Stones, Words Can Never Hurt Me	Ocean Beach
	Reasonable Accommodations Are All About You	Mission Beach ABC
	Toddlers: 3 & Under Meet-up	Torrey Hills B

MONDAY – JULY 7 (continued)

TIME	FUNCTION	LOCATION
1:00pm - 4:00pm	Children's Room	Seaport H
1:00pm - 4:00pm	Conference Information Center	Seaport F
1:00pm - 4:00pm	Offsite: Teens WNDR Museum	Kettner Entrance
1:00pm - 2:30pm	CITM: Pool Day	Pool Deck
2:00pm - 2:45pm Workshops: Session V		
	Health and Exercise for LPs, Part II	Solana Beach AB
	LP Moms	Torrey Hills B
	Walking Tall: Heightening Confidence & Stepping into Greatness	Ocean Beach
	Health Transition Care Tools	Bankers Hill
3:00pm - 3:45pm Workshops: Session III		
	Making Sense of Program and Policy, Impacts of Change in DC	Mission Beach ABC
	Previniendo el Bullying Desde casa	Solana Beach AB
	Double Dominance and IVF Support	Torrey Hills B
3:00pm - 4:30pm	Chapter Officer Meeting	Bankers Hill
4:00pm - 6:00pm	DAC Telephone Reception	America's Cup
5:00pm - 6:00pm	DAAA Check-In	Show Office 6
5:00pm - 6:00pm	Grandparents Meet & Greet	Torrey Hills B
5:00pm - 6:30pm	Donor Reception* (By invitation only)	Bayview

**MONDAY – JULY 7** *(continued)*

TIME	FUNCTION	LOCATION
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Seaport Foyer
6:00pm - 7:00pm	OWLS Trivia (Newly added!)	Solana Beach AB
6:00pm - 9:00pm	DAC Visual Art Display	Seaport Foyer
6:00pm - 9:00pm	LPA Expo	Seaport Foyer
6:30pm - 7:30pm	District 12 Reception hosted by UCLA* <i>(limited to District 12 members)</i>	Mission Beach ABC
6:30pm - 9:00pm	CITM: Rooftop Movie Night <i>(Crazy, Stupid Love)</i>	Game Deck
7:00pm - 8:30pm	Family Fun Night - A Magical Night	Seaport Ballroom
9:00pm-10:00pm	Scholarship Dessert Reception*	Balboa ABC
9:15pm - 11:45pm	Young Adults Movie: <i>Wedding Crashers</i> <i>(movie starts at 9:45pm)</i>	Movie Deck
9:00pm - 11:00pm	Bingo	Grand Hall B
9:00pm - 1:00am	Dance	Seaport Ballroom
10:00pm - 1:00am	Barty Lounge - Disco Bingo Barty <i>(sponsored by Peggy O'Neill), 80's Karaoke Party</i>	America's Cup

TUESDAY – JULY 8

TIME	FUNCTION	LOCATION
8:00am - 12:00pm	Children's Room	Seaport H
8:00am - 3:30pm	DAAA Badminton@ SD Badminton Club	Kettner Entrance
8:00am - 4:00pm	<i>Offsite: BEACH DAY & SURFING La Jolla Shores (continuous shuttles all day)</i>	Kettner Entrance
8:30am - 5:00pm	MAB Medical Meetings	31st Floor, Harbor Tower
9:00am - 10:00am	Talent Show Rehearsal	Seaport Ballroom
9:00am - 1:00pm	LPA Registration	Seaport F
10:00am - 11:30am	Reunions de Padres / Taller	Gaslamp A
10:15am - 11:00am	Workshops: Session VII	
	Self Defense for LPs	Bankers Hill
	Healing Powers of Mindfulness	Cortez Hill ABC
	The LPA Inclusion Committee Presents The Living Library	Mission Beach ABC
11:00am - 2:00pm	Conference Information Center	Seaport F
1:00pm - 2:30pm	CITM Pool Day	Pool Deck
4:00pm - 5:00pm	DAC Social	America's Cup
4:30pm - 5:30pm	OWLS Reception	Solana Beach AB
4:30pm - 6:00pm	Pharmaceutical Impacts - <i>LP Community</i>	Mission Beach ABC
4:30pm - 6:00pm	Pharmaceutical Impacts - <i>AH Community</i>	Cortez Hill ABC
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Seaport Foyer

**TUESDAY – JULY 8** *(continued)*

TIME	FUNCTION	LOCATION
11:00am - 2:00pm	Conference Information Center	Seaport F
1:00pm - 2:30pm	CITM Pool Day	Pool Deck
4:00pm - 5:00pm	DAC Social	America's Cup
4:30pm - 5:30pm	OWLS Reception	Solana Beach ABC
4:30pm - 6:00pm	BioTech Discussion - LP Community	Mission Beach ABC
4:30pm - 6:00pm	BioTech Discussion - AH Community	Cortez Hill ABC
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Seaport Foyer
5:30pm - 6:30pm	Adoption Reception	Bayview
6:00pm - 9:00pm	DAC Visual Art Display	America's Cup Foyer
6:00pm - 9:00pm	LPA Expo	Seaport Foyer
7:00pm - 8:30pm	Captivating California Talent Show	Seaport Ballroom
9:00pm - 11:00pm	Bingo	Grand Hall B
9:00pm - 1:00am	Dance	Seaport Ballroom
10:00pm - 1:00am	Barty Lounge - Little Big Band	America's Cup

WEDNESDAY – JULY 9

TIME	FUNCTION	LOCATION
8:00am - 12:00pm	Children's Room	Seaport H
8:00am - 11:30am	DAAA Touch Football@Coronado High	Buses at Kettner Entrance
8:30am - 10:30am	Parents Meeting	Balboa ABC
8:30am - 12:00pm	MAB Medical Meetings	31st Floor, Harbor Tower
9:00am - 1:00pm	LPA Registration	Seaport F
10:00am - 12:00pm	Average Height Youth: Painting like a Boss!	Grand Hall B
10:00am - 12:00pm	CITM Outdoor Extravaganza	Pool Deck
10:00am - 4:30pm	<i>Offsite: San Diego Zoo (continuous shuttles all day)</i>	Buses at Kettner Entrance
10:15am - 11:00am General Workshops: Session VIII		
	Less Stress More Success, More Joy!	Solana Beach AB
	Green Flags and Healthy Relationships	Cortez Hill ABC
	Finding Bro-cial Support	Bankers Hill
	Dwarf Parents	Mission Beach ABC
11:00am - 1:00pm	<i>Offsite: Young Adult - Burger, Bait & Beer</i>	Meet in Lobby
12:30pm - 4:00pm	DAAA Track & Field	Buses at Kettner Entrance
12:30pm - 4:30pm	DAAA Powerlifting@ Coronado High	Buses at Kettner Entrance
1:00pm - 2:00pm	DAC Theatre Basics Workshop	America's Cup
1:00pm - 3:00pm	BioTech Discussion - AH and LP, coming together as a community.	Balboa ABC



WEDNESDAY – JULY 9 <i>(continued)</i>		
TIME	FUNCTION	LOCATION
1:00pm - 3:00pm	Canvas and Cocktails/ Mocktails (Paint & Sip)	Grand Hall B
1:00pm - 4:00pm	Offsite: Teens - USS Midway Museum	Offsite
2:00pm - 4:00pm	DAC Theatre Showcase	America's Cup
5:00pm - 6:00pm	LPA San Diego Banquet Cocktail Hour	Seaport Foyer
5:00pm - 7:00pm	Lee Kitchens Corner: Live Entertainment	Seaport Foyer
6:00pm - 8:30pm	LPA California Cruisin' Banquet	Seaport Ballroom
6:00pm - 8:30pm	LPA Children's Banquet: It's all about the Zoo!	Seaport H
9:00pm - 1:00am	Dance	Seaport Ballroom
10:00pm - 1:00am	Barty Lounge - Rockin' with a surprise	America's Cup
THURSDAY – JULY 10		
11:00am - 4:00pm	Pool Day on your own	Pool
1:00pm - 2:30pm	Cornhole tournament	Pool Deck
2:30pm - 3:30pm	Basketball tournament	Game Deck
3:30pm - 5:00pm	Dodgeball	Game Deck
9:00pm - 1:00am	Dance - Last one!	America's Cup



A Lifetime of Skeletal Dysplasia Care

At Cedars-Sinai, we offer continuity of care for patients with skeletal dysplasia. Our multidisciplinary team provides services that are designed to grow with you, including pediatric upper and lower extremity, pediatric and adult spine, and joint replacements. Additionally, our state-of-the-art recovery rooms are custom-tailored for your family's comfort and safety.

Areas of expertise:

- Ear, nose and throat
- Endocrinology
- Genetics
- Neurosurgery
- Orthopedics
- Physical therapy

To learn more, visit cedars-sinai.org/skeletal-dysplasia



Saturday, July 5th



Special Early Bird Workshop Session I: 8:00am – 9:00am

Early Bird Pool Exercise Workshop

4th Floor Pool Deck, 8:00am - 9:00am

Presenter: Cecilie Rose, volunteer swim teacher with the Special Needs Aquatics Program

Start your morning with gentle water exercises designed specifically for Little People. A fun, refreshing way to move your body and connect with others in a supportive environment.

Parent Meeting

Parent Meeting

1:00pm – 3:00pm

Balboa ABC

Facilitators: Kelly Lee & Nicole Nastasi

Let's talk! This open session is your chance to ask our amazing young adults anything that's been on your mind. Wonder what they love about being part of the LP community? Curious about what they're into, what they worry about, or how they see things? Now's the time to connect, learn, and maybe even meet a future mentor. No pressure—just real talk, and all questions are welcome!

General Workshops Session I: 10:30am – 11:15am

ABLE Accounts: Best Kept Secret in Financial Planning

Solana Beach A

Presenter: Allison Scott

Discover how ABLE accounts can help individuals with disabilities save for the future without losing essential benefits. This session will break down what ABLE accounts are, how they work, and why they matter—no prior knowledge required.

General Workshops Session I: 10:30am – 11:15am

Autoaceptación y Percepción Corporal

Bankers Hill

Presenter: David Funes

Un taller en español que ofrece meditación guiada, escritura reflexiva y diálogo abierto para explorar la autoaceptación y la percepción corporal. Juntos crearemos un espacio seguro para cultivar compasión y transformar creencias limitantes en amor propio.

How to become an ADA Coordinator and make Disability Advocacy your career!

Mission Beach A

Presenter: Kori Allen, ADA & Capital Programs Coordinator for the City of Coppell; Vice Chair of the TX Governor's Committee on People with Disabilities; Member of the North Texas Disability Chamber.

Did you know that every city, county, and municipality in the U.S. is required to have an ADA Coordinator? This growing career field offers a powerful way to lead change in accessibility and inclusion. Join us to learn what the role involves, how to get started, and what a full-time career in disability advocacy can look like.101. Discussions will be about exercise modifications, healthy food choices and overall health and fitness.

Little Women Shaped in Confidence

Solana Beach B

Presenter: Jasmine Lassiter

Join Jasmine Lassiter, CEO of Little Women Shaped in Confidence, as she shares her journey as an actress, medical assistant, and advocate. She'll be joined by Krista, a popular content creator, to discuss building confidence and creating space for self-expression.

Saturday, July 5th

General Workshops Session II: 1:00pm – 1:45pm**Health and Wellness for LPs***Solana Beach**Presenter: Jessica Markbreiter, MS, ATC, Certified Athletic Trainer*

Certified Athletic Trainer Jessica Markbreiter leads a conversation on health and wellness tailored for Little People. Topics include exercise modifications, nutrition, flexibility, and making fitness more accessible for all.

Loving An Addict*Mission Beach B*

This workshop offers support for anyone loving someone struggling with addiction. Share your story, find community, and explore healing and hope together.

Thriving In Your Calling: Starting and Running a Business*Solana Beach A**Presenter: Jon Etherton*

Thinking about starting a business? Join Jon Etherton as he shares practical lessons from 14 years of running a successful consulting firm. Topics will include starting out, building sustainability, and knowing when it's time to move on.

General Workshops Session III: 2:30pm-3:45pm**Double Dominance and IVF Support***Mission Beach C**Presenter: Kelsie Hankins; Lauren Webnar*

A safe space to discuss the genetics and family planning decisions related to double dominance. Includes information about IVF and community support for those on this journey.

General Workshops Session III: 2:30pm-3:45pm**Exploring Your Inner Child***Torrey Hills B**Presenter: David Funes*

A parent-focused workshop exploring sibling dynamics among children. Learn how to support healthy relationships between brothers and sisters that will last a lifetime.

You Deserve Full Access*Bankers Hill*

Presenter: Olivia Acuff, M.Ed. in Higher Education Administration and Access Coordinator at the University of Washington. Kori Allen, ADA & Capital Programs Coordinator for the City of Coppell; Vice Chair of the TX Governor's Committee on People with Disabilities; Member of the North Texas Disability Chamber.

Explore how Title II of the ADA ensures accessibility in public services, programs, and infrastructure. Learn how to advocate for your rights and make your community more inclusive.

Maintain the Activities You Love With Expert Orthopaedic Care

"We are grateful Dr. Hoernschemeyer's practice is available to those out of state, and he has worked with our local primary care doctor to get Lilah the best care possible. Because of the surgery Dr. Hoernschemeyer performed to straighten Lilah's bowed legs, Lilah is now able to enjoy daily tasks without pain."

— LILAH'S MOM

* *

Lilah is a 15-year-old from West Memphis, Arkansas, who loves cheerleading and competitive swim. As the flyer for her cheerleading team, she's used to being front-and-center at the top of each stunt. She and her family are happy to have found a specialist they trust to get her back to the sport she loves, without the pain.

* *



DR. HOERNSCHEMEYER serves the general orthopaedic needs of young patients and treats adults and children from all around the country with various types of dwarfism. To learn more about our services or schedule an appointment, contact our office at (573) 864-6132 or visit 1100 Virginia Ave, Columbia, MO 65201

Health Care

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MICHAEL BOBER, MD



JENNA BRIDDELL, MD



JEFF CAMPBELL, MD



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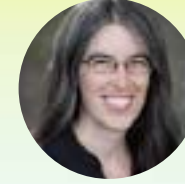
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MOISE DANIELPOUR, MD



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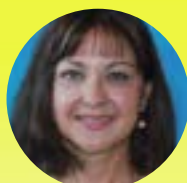
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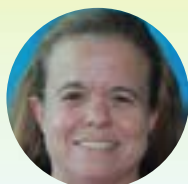
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ANTHONY SCADUTO, MD



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DAVID TUNKEL, MD



KAREN TURNER, MSPT



ISUM WARD, MD



KLANE WHITE, MD

The medical experts who come to our conference are the best in the world. Please remember to thank them for volunteering their time. We appreciate their support and expertise so much. Simply amazing!



Sunday, July 6th

Special Early Bird Workshop Session I: 8:00am – 9:00am

Early Bird Pool Exercise Workshop

4th Floor Pool Deck, 8:00am - 9:00am

Presenter: Cecilie Rose, volunteer swim teacher with the Special Needs Aquatics Program

Start your morning with gentle water exercises designed specifically for Little People. A fun, refreshing way to move your body and connect with others in a supportive environment.

Parent Meeting: Psychosocial Issues in Children

8:30am – 10:00am,

Balboa A,B,C, 2nd level, Seaport Tower

Presenters: Janet Bell, M.S., C.G.C., Erin Carter, M.S., C.G.C., Angela Duker, C.G.C., Peggy Modaff, M.S., C.G.C., Ericka Okenfuss, M.S., C.G.C., & Amy Patterson, M.S., C.G.C.

An open discussion group for parents of LPs, moderated by counseling professionals. Discuss the psychological and social aspects of dwarfism, i.e. talking to family, friends and strangers about your child's difference; dealing with staring, comments, teasing and the social stigma of short stature. Adult LP's welcome to attend and provide a personal perspective on growing up as an LP. Due to the confidential and personal nature of this Parents Meeting, please do not bring children or infants.

Medical Workshops

LPA is pleased to offer a variety of workshops this year. Medical workshops are primarily on Sunday, July 6th since the doctors meet with members on Monday, Tuesday, and Wednesday. General Education workshops will be on Monday, Tuesday, and Wednesday. Individuals are speaking about their personal experiences and their presentations should not constitute medical, legal, or professional advice and are not endorsed by LPA. As attendees, you are expected to be respectful of the content discussed in the workshops and not discuss personal stories or information shared during presentations by other participants. Being respectful of the presenters and arriving on time would be appreciated.

Medical Workshops Session A: 10:45am - 12:00pm

Achondroplasia and Hypochondroplasia

Ocean Beach

Presenters: G. Bellus; M. Danielpour*; E. Okenfuss*; C. Rogers; I. Ward*

This workshop will focus on a variety of diagnosis specific questions regarding medical issues related to both achondroplasia and hypochondroplasia.

Adult LPs - Growing Older and Wiser with a Skeletal Dysplasia

Cortez Hill A

Presenters: J. Legare; B. Moghaddam; M. Kropf*; A. Patterson*

This workshop will discuss unique issues that the LP population faces as members age, and strategies to deal with the changing body and everything that goes with it. Decisions regarding surgery, pain, as well as overall healthcare will be discussed.

Advanced Directives and Why They Should be Considered

Cortez Hill B

Presenters: C. Ditro; K. Harp; M.E. Little*; S. Little*

Advance directive is a document/process that allows you to make your health care wishes known before any decisions need to be made. We will talk in this workshop about why everyone but especially anyone with a skeletal dysplasia should make their health care wishes known so their loved ones are not guessing. We will go over the 5 wishes document and other resources that will allow you to make informed decisions about your future. This interactive session explores how individual advocacy evolves throughout life. Participants will learn the importance of making informed healthcare decisions, including the creation of advanced directives. The workshop emphasizes the value of being prepared—especially in medical emergencies—and equips attendees with the tools to confidently navigate their own care as they grow and mature.



Sunday, July 6th

Medical Workshops Session A: 10:45am - 12:00pm (continued)

Endocrine Issues including Hypoglycemia, Bone Health and Growth in Patients with Skeletal Dysplasias

Cortez Hill C

*Presenters: C. Jacobsen**

This workshop will focus on endocrine problems that may occur in some patients with skeletal dysplasias including hypoglycemia, bone health, growth hormone deficiency and others. Dr. Jacobsen and Dr. Legare will review the features of these endocrine disorders and how to recognize and treat them.

Everything Genetic about Skeletal Dysplasias

Mission Beach ABC

Presenters: J. Bell; M. Bober; E. Carter*; E. Gooch; J. Hecht*; S. Nikkel*; G. Tiller**

In this workshop, principles of inheritance and the genetic cause of skeletal dysplasias will be discussed. The presenters will help to answer questions such as “Will the same diagnosis happen again?” It will also provide an update on the genetic understanding of various bone growth conditions and how that knowledge is used to diagnose and treat people.

Osteoarthritis, Joint Replacement, and More

Bankers Hill

Presenters: D. Hoernschemeyer; K. White**

In this workshop, presenters will focus on problems in the joints that are the result of abnormal joint formation, excessive joint deterioration and arthritis. We will discuss management of chronic joint pain and surgical options.

Pain Management

Solana Beach AB

Presenters: R. Carroll; C. Francomano; M. Jain*

This workshop will include the causes of pain for people with short stature, including

musculoskeletal, myofascial, and neurogenic (for example, caused by muscle spasm or arthritis, myofascial trigger points and nerve compression). We will discuss how to recognize which type of pain you may be experiencing and various strategies, both pharmacologic and non-pharmacologic, to treat it. We will also suggest health care professionals who are best suited to assisting with pain management.

Sleep Apnea Issues in Skeletal Dysplasia

Torrey Hills A

*Presenters: L. Ortiz; D. Tunkel**

This workshop will discuss medical issues related to Sleep apnea, a common but often overlooked medical issue in the skeletal dysplasia community. Different types of sleep apnea will be discussed, with a focus on obstructive sleep apnea (OSA), where airway blockages cause repeated interruptions in breathing during sleep. Symptoms will be covered such as excessive daytime fatigue, loud snoring, and difficulty concentrating, as well as the long-term health risks, including heart disease, high blood pressure, and diabetes. Attendees will learn about diagnosis methods, including sleep studies, and available treatment options like CPAP therapy, lifestyle modifications, and surgical interventions. Additionally, we will address how sleep apnea may affect people with skeletal dysplasias differently and explore specialized solutions for managing symptoms effectively.

What to Know About Anesthesia and Skeletal Dysplasias

Torrey Hills B

Presenters: J. Campbell; A. Oommen; M.C. Theroux*

This workshop will discuss what issues should be discussed with your team prior to receiving anesthesia. Whether undergoing a major surgery or a dental procedure, discussions will include what a safe and informed approach is to a very important piece of the surgical process.

Women's Health: Before and After Hot Flashes

Hillcrest AB

Presenters: D. Krakow; C. Gioffreda**

This workshop will discuss medical issues related to LP women's health in the perimenopausal and postmenopausal stages of life. Topics discussed will include osteoporosis, reproduction, sexual health and general self-care as we age.

Sunday, July 6th

Medical Workshops Session B: 1:00pm – 2:15pm**Better Nutrition & Exercise, Better Life***Hillcrest AB**Presenter: D. McInerney; K. Lurman**

In this workshop, we will discuss making good choices while eating, caloric intake and exercise. Strategies for weight management and weight loss within the LP population are addressed.

Hearing Loss and Ear Issues*Cortez Hill B**Presenters: J. Briddell; D. Tunkel**

The workshop will focus on issues specific to hearing loss in LPs, for adults as well as children. The topics covered will include risks of hearing loss within the LP population, how to monitor for hearing issues and management of hearing loss and other inner ear issues.

Just the Facts, Ma'am (/Sir): The Latest Information on Controversial Topics of Extended Limb Lengthening (ELL), Drug Trials, and Voxzogo*Mission Beach ABC**Presenters: D. Hoernschemeyer*; J. Hoover-Fong*; C. Jacobsen*; P. Modaff**

The goal of this session is to discuss the medical facts about controversial topics in the LPA community. Medical professionals will discuss the latest information and data about Extended Limb Lengthening (ELL), the medication Voxzogo, and several clinical trials designed to study the effects of pharmaceuticals on patients with a variety of skeletal dysplasias.

Limb Alignment Issues in Skeletal Dysplasia*Cortez Hill A**Presenter: S. Mackenzie*; A. Scaduto*

This workshop will focus on lower extremity bowing, malalignment, joint instability and pain. Surgical timing and expected recovery related to these lower extremity issues will also be discussed.

Neurosurgical Issues of the Head/Neck/Spine*Solana Beach AB**Presenters: J. Campbell*; M. Groves*; G. Jallo*; A. Tuchman*

This workshop will discuss potential neurosurgical issues in children and adults with skeletal dysplasias. This may include problems with a small foramen magnum, spinal stenosis, hydrocephalus and other complications that may occur. Surgery performed to correct problems and expected outcomes will be highlighted.

Parental Discussion of Medical and Genetic Information with Pediatric Patients and Siblings*Cortez Hill C**Presenters: J. Bell; E. Carter*; A. Duker*; A. Patterson*

Many parents of children diagnosed with a skeletal dysplasia have questions about how to discuss the diagnosis with their child and/or their child's siblings. In this workshop, we will talk about strategies and resources to help parents navigate discussing medical and genetic information with their children.

Physical and Occupational Therapy Concerns for Infants through High Schoolers*Ocean Beach**Presenters: K. Fine*; K. Turner**

This session is an open forum with a physical therapist and an occupational therapist to discuss sports and recreation options that can be modified for the LP. Discussion will also include information on the aquatic/pool environment and how it is uniquely suited for the LP. Leaders will additionally facilitate discussions with LPs and their families to identify specific environmental obstacles and to share potential functional solutions or adaptations.

Sunday, July 6th

Medical Workshops Session B: 1:00pm – 2:15pm**Reproductive Issues and Questions***Hillcrest CD**Presenters: D. Krakow*; S. Nikkel**

This workshop will discuss medical issues related to fertility and pregnancy. Topics discussed will include fertility issues and inheritance of skeletal dysplasias, how pregnancies may affect LP bodies differently than average statured women, potential complications of pregnancy and risks to the fetus, reasoning for Cesarean delivery and types of anesthesia used. Prenatal diagnosis options will also be discussed. This is a workshop that is inclusive of all women, LP and average stature.

What to Know About Anesthesia and Skeletal Dysplasias*Torrey Hills B**Presenters: A. Oommen; M.E. Theroux; K. White**

This workshop will discuss what issues should be discussed with your team prior to receiving anesthesia. Whether undergoing a major surgery or a dental procedure, discussions will include what a safe and informed approach is to a very important piece of the surgical process.

Medical Workshops Session C: 2:30pm – 3:45pm**Achondroplasia and Hypochondroplasia***Torrey Hills B**Presenters: J. Bell; G. Bellus*; E. Okenfuss*; C. Rogers; A. Scaduto; I. Ward*

This workshop will focus on a variety of diagnosis specific questions regarding medical issues related to both achondroplasia and hypochondroplasia.

Adult Cervical and Spinal Stenosis*Cortez Hills B**Presenters: M. Groves*; M. Kropf*; A. Tuchman*

This workshop will include cervical and spinal stenosis in adults with skeletal dysplasias. Surgery performed to treat these problems and their expected outcomes will be highlighted.

Better Nutrition & Exercise, Better Life*Hillcrest AB**Presenter: D. McInerney; K. Lurman**

In this workshop, we will discuss making good choices while eating, caloric intake and exercise. Strategies for weight management and weight loss within the LP population are addressed.

Pain Management*Solana Beach AB**Presenters: R. Carroll; C. Francomano**

This workshop will include the causes of pain for people with short stature, including musculoskeletal, myofascial, and neurogenic (for example, caused by muscle spasm or arthritis, myofascial trigger points and nerve compression). We will discuss how to recognize which type of pain you may be experiencing and various strategies, both pharmacologic and non-pharmacologic, to treat it. We will also suggest health care professionals who are best suited to assisting with pain management.

Sunday, July 6th

Medical Workshops Session C: 2:30pm – 3:45pm**Pediatric Foreman Magnum Stenosis, Spinal Stenosis, and Hydrocephalus***Cortez Hill A**Presenters: J. Campbell*; M. Danielpour*; G. Jallo**

This workshop will include spinal stenosis and hydrocephalus in both children and adults with skeletal dysplasias. Surgery performed to treat these problems and their expected outcomes will be highlighted.

Physical Therapy: Strengthening Suggestions; Planning for Spine or Leg Surgery*Ocean Beach**Presenters: C. Ditro*; K. Turner**

This session is an open forum with a physical therapist to discuss suggestions for strengthening when preparing for surgery of the spine or the legs. Post-operative mobility and activity considerations may also be a part of the discussion.

**Pseudoachondroplasia, Multiple Epiphyseal Dysplasia
Cartilage-Hair Hypoplasia, Ellis van Creveld, and Related Conditions***Cortez Hill C**Presenters: J. Hecht*; M. Jain; B. Moghaddam*

Speakers in this workshop will address questions from the audience regarding medical issues related to CHH, EVC, OI, and other rare skeletal dysplasias. Though there are fewer people with these specific dysplasia diagnoses, many of their-dysplasia related medical issues are similar and may be managed well.

Research Results to Use in Everyday Life*Mission Beach ABC**Presenters: M. Bober*; J. Hoover-Fong*; J. Legare*; P. Modaff**

The goal of this session is to share the results from important recent skeletal dysplasia research projects including CLARITY, the Skeletal Dysplasia Management Consortium and other global registries that make treatment guidelines. CLARITY is the largest natural history study about patients with achondroplasia. The Skeletal Dysplasia Management Consortium (SDMC) and other global registries have addressed medical care and quality of life treatment in other

countries. They also have created treatment guidelines for people with all forms of skeletal dysplasias to manage surgery, pregnancy, sleep apnea, spinal stenosis and other medical problems. We will review some of the guidelines and how you can access this information to share with your local healthcare providers.

Respiratory Issues and Sleep Apnea*Torrey Hills A**Presenters: J. Briddell; L. Ortiz; D. Tunkel**

This session will discuss breathing problems that may arise at various ages in individuals with short stature. Topics discussed will include central apnea, obstructive sleep apnea, sleep studies, and various treatment options for breathing issues.

SED, SEMD and Kniest*Hillcrest CD**Presenters: A. Duker*; C. Gooch; S. Mackenzie*; G. Tiller**

Speakers in this workshop will address questions from the audience regarding medical issues related to SED, SEMD and Kniest.

Whole-child care for skeletal dysplasia

As one of the only multidisciplinary centers in the Northeast, the **Skeletal Health Center** at Boston Children's Hospital brings together experts from a full range of specialties to meet your family's needs.

Our team includes experts from endocrinology, genetics, orthopedics, physical therapy, social work, nursing, and more.

Led by: Christina Jacobsen, MD, PhD; Samantha Spencer, MD; Jennifer Arnold, MD, MSc; Nora Renthal, MD, PhD



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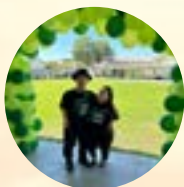
OLIVIA ACUFF



KORI ALLEN



KATHARINE
CARTWRIGHT



LAURA CASADOS



ELLEN ERENEA



JON EHERTON



DAVID FUNES



RYAN GAMBRELL



MICHAEL GIUFFRE



DEB HIMSEL



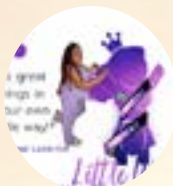
KELSIE HANKINS
HUGHES



STEPHANIE
KRAWCHUK

LPA's 2025

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JESSICA
MARKBREITER



CHELSEA RIVAS



ELIZABETH SOPER



ALLISON LOURASH



MARIA MCCLELLAN



CECILE ROSE



ALLISON WARRELL



LUCY WILLIAMS



PEGGY O'NEILL



JACK SANTY



ALLISON SCOTT



LAUREN WEBNAR

COME BY LEE KITCHEN'S CORNER TO MEET GARY HIRSCH

Gary Hirsch is the creator of Botjoy, a global art movement that spreads joy, courage, and hope through hand-painted robot illustrations on the backs of dominos. Thanks to the support of Owens Corning, we're excited to welcome Gary and his inspiring message to this year's conference!



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Monday, July 7th



Parent Meetings

8:30am – 10:30am

Grand II

Facilitators: Kelly Lee & Nicole Nastasi

Open discussion for all parents with discussion topics regarding school issues, IEP's, 504's, possible accommodations, and communicating with your school and school staff. Also, there will be a special presentation by Archive Committee Chair Jim Kay - amazing information. Don't miss this one if you can!

Reunión de Padres/Taller en Español

10:00am – 11:30am,

Gaslamp A

Facilitadora: Brenda Martinez

Discusión abierta para padres. Se discutirán los temas de tipo socio- cultural. Los adultos de talla baja que quieran participar y compartir sus experiencias serán bienvenidos. Recomendaciones sobre adaptaciones y consejos prácticos.

Average Height Youth Meetings

Average Height Youth Workshop with Games (Ages 8 to 12)

10:00am-11:00am

Oldtown A

Presenter: Katharine Cartwright

Come and hang out with friends and participate in fun activities, while sharing what's cool/uncool about being here at LPA.

Average Height Youth Workshop with Games (Ages 13+)

11:15am - 12:15pm

Oldtown A

Presenter: Katharine Cartwright

Come and hang out with friends and participate in fun activities, while sharing what's cool/uncool about being here at LPA.

General Workshops Session IV: 1:00pm – 1:45pm

Health and Exercise for LPs

Solana Beach AB

Presenter: Allison Warrell, Certified Personal Trainer, and Enrique Huesca, Certified Personal Trainer & Coach

Athletic trainer Allison Warrell leads a discussion on fitness for LPs, including gym modifications, nutrition, and building healthier routines.

Sticks and Stones, Words Can Never Hurt Me

Ocean Beach

Presenter: Cecilie Rose

Explore how language shapes our experiences as LPs. In this workshop, we'll unpack harmful terms and jokes and learn how to reclaim our narrative. All ages welcome—this affects us all.

Toddlers: 3 & Under Meet-up

Torrey Hills B

Presenter: Stephanie Krawchuk, mom to three year old Brandon

A casual meetup for children 3 and under (both LP and AH) and their parents. Share experiences, stories, and support in a relaxed setting.

General Workshops Session V: 2:00pm – 2:45pm

Health and Exercise for LPs, Part II

Solana Beach A

Presenters: Allison Warrell, Certified Personal Trainer, and Enrique Huesca, Certified Personal Trainer & Coach

Join Allison Warrell again for a hands-on demo of safe, effective exercises tailored to Little People. Dress comfortably and come ready to move.



Monday, July 7th

General Workshops Session V: 2:00pm – 2:45pm (continued)**Health Care Transition Tools***Bankers Hill**Presenter: Allison Lourash*

Designed for teens and families, this session covers how to take charge of health care during the transition to adulthood. Learn tools like Care Mapping and how to plan for adult responsibilities.

LP Moms*Torrey Hills B**Presenter: Stephanie Krawchuk*

A supportive space for LP mothers to gather and talk about the joys and challenges of daily life, motherhood, and community.

Walking Tall: Heightening Confidence & Stepping into Greatness*Ocean Beach**Presenter: Peggy O'Neill*

Join empowerment expert Peggy O'Neill for an energizing session on building self-confidence, resilience, and personal power. Step into your greatness—fiercely and unapologetically.

General Workshops Session VI: 3:00pm – 3:45pm**Making Sense of Program and Policy, Impacts of Change in DC***Mission Beach ABC*

Presenters: Jon Etherton has worked in public policy in Congress and in the private sector for forty years in Washington DC and serves on the LPA Advocacy Committee. Chelsea Rivas holds a Bachelor of Science degree in Social Sciences and Accessibility Studies from Central Washington University and a Master of Jurisprudence degree from the University of Washington School of Law. She is a disability rights advocate and serves on the board of Disability Rights Arizona, and on the LPA

Monday, July 7th

Advocacy Committee.

Join us for a fact-based update on current policy changes affecting the disability community. Topics include healthcare, education, Medicaid, and more. Bring your questions for Q&A.

Previniendo el Bullying Desde casa*Solana Beach AB**Presenter: Laura Casados Maldonado Lic. en Psicología*

Este taller, en español, proporciona herramientas para prevenir y abordar el bullying desde casa, tanto a nivel físico como emocional, y fomentar un entorno familiar de apoyo y comprensión.

Chapter Officer Meeting*3:00pm – 4:30pm (extended time)**Bankers Hill*

Presenters: Deb Himself, Executive Director along with LPA's Regional Representatives and District Directors

All LPA Chapter Presidents and Officers are invited to hear updates from Executive Director Deb Himself and the Board. Bring your questions and connect with other chapter leaders.



Tuesday, July 8th

Reunion de Padres:

Reunión de Padres/Taller en Español

10:00am – 11:30am, Gaslamp A



General Workshops Session VII: 10:15am-11:00am

Healing Powers of Mindfulness

Cortez Hill ABC

Presenters: Sr. Kinh Nghiem, Br. Phap Luu, and Sr. Phu Nghiem, Michael Giuffre

Explore mindfulness, Buddhist psychology, and emotional healing in this calming, supportive workshop led by monks and nuns from the Plum Village Tradition and an LPA community educator, Michael Giuffre. Participants will spend the first half of the workshop exploring the basics of mindfulness meditation, a brief overview of Buddhist psychology, and the role of mindfulness in healing and transformation. The second half of the workshop will focus on practicing Dharma Sharing, a Plum Village tradition centered on deep listening and heartfelt speech in a supportive, community setting. No prior meditation experience needed.

The LPA Inclusion Committee Presents The Living Library

Mission Beach

Presenters: Maria McClellan, Ellen Erenia

Experience the Living Library, a space where people become “books” and share their lived experiences through open conversations. An opportunity to ask questions, listen deeply, and challenge assumptions through connection.

Self Defense for LPs

Bankers Hill

Presenter: Lucy Williams

LPs have often experienced unwanted attention or boundary violations in public spaces. This workshop offers practical, inclusive self-defense techniques and proactive strategies for de-

escalating unsafe or uncomfortable situations. Open to everyone—come learn how to protect your space with confidence and control.

Biotechnical Industry Committee Meetings

Biotech Discussion - Average Height Discussion & Reflections

4:30pm - 6:30pm

Cortez Hill ABC

A space for average height caregivers to share their experiences, thoughts, and questions about medical treatments for skeletal dysplasia. This session encourages honest dialogue around hopes, fears, identity, and community—all from the caregiver perspective.

Biotech Discussion - Short-stature Discussion & Reflections

4:30pm - 6:30pm

Mission Beach ABC

An open discussion space for people with dwarfism to share their perspectives, feelings, and experiences around medical treatments. The session focuses on identity, community pride, and the questions that matter most to those with lived experience.

General Workshops Session VIII: 10:15am - 11:00am

Dwarf Parents

Mission Beach ABC

Presenters: Ellen Erenia and Stuart Moskovics, LPA Lifetime Members and moderators of Dwarf Parents, Elizabeth and Martin Soper, LPA Lifetime Members and a Third Generation LP family

This candid discussion is for LPs and their AH or LP partners navigating parenting. Topics include first-time parenting, health challenges, and social dynamics. Adults only.



Wednesday, July 9th

General Workshops Session VIII: 10:15am - 11:00am

Finding Your Bro-cial Support

Bankers Hill

Presenter: Jack Santy, Licensed Social Worker and Psychotherapist

A facilitated discussion group offering a space for male-identifying LPs to share experiences, explore successes, and discuss how to promote positive mental health with family, friends, and wider communities. This workshop aims to foster mutual support, resilience, and advocacy for positive mental well-being among men in the Dwarfism community.

Green Flags and Healthy Relationships

Cortez Hill ABC

Presenters: Lucy Williams and Kathy's Legacy

What does a healthy relationship look like? Come explore communication, boundaries, and signs of emotional wellness to help build strong, respectful connections.

Less Stress More Success, More Joy!

Solana Beach AB

Presenter: Peggy O'Neill

Explore mindfulness, Buddhist psychology, and emotional healing in this calming, supportive workshop led by monastics from the Plum Village tradition and an LPA community educator. No prior meditation experience needed.

Biotechnical Industry Committee Meeting

Between Science & Identity: A community discussion on biotechnology

1:00pm - 3:00pm

Balboa ABC

A shared space for all to listen, learn, and reflect together. Through guided conversation and interactive activities, we'll explore the values, emotions, and experiences that shape how we navigate this evolving topic as a community.

Join us for the LPA Districts 3, 4, & 13 Fall Regional! Registration Opens July 1st!

October 9-12, 2025 • Orlando, FL
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- FREE Daily Breakfast & Dinner/Drinks Included
- Salt Water Pool/Hot Tub/Splash Pad
- Medical Specialists
- Kids, Teens, Young Adult & OWLS Events
- Discounted Theme Park Tickets

Visit www.lpadistrict4.org for all the details!

WHERE THE LOVE AND MAGIC OF LPA COMES ALIVE



eventos en Español



sábado, 5 de julio

Reunión de Padres en Español / Spanish Parent Meeting

10:00 am-11:30 am, Gaslamp A

Recepción para las personas de habla Hispana / Spanish Speaking Reception

5:00pm-6:00pm, Gran salón D

Facilitadora: Brenda Martinez

Si eres hispano, ya sea que asistas por primera vez o que regresas a una conferencia de LPA, te invitamos a este primer evento. Una gran oportunidad para hacer nuevos amigos y/o reencontrarte con otros.

Baile Latino

8:30pm – 12:00pm, martes 2 de julio, Copa América, piso 4

Ven a bailar al ritmo de la música latina..., salsa, merengue, cumbia y más! No te pierdas esta divertida oportunidad de compartir con nuevos y viejos amigos. Están todos invitados.

sábado, 5 de julio; domingo 6 de julio 6 ; lunes 7 de julio

Reunión de Padres en Español / Spanish Parent Meeting

10:00 am-11:30 am, Gaslamp A

En cada sesión presentaremos temas variados, de los cuáles podrás aprender, compartir tus experiencias, discutir alternativas y exponer tu opinión en un ambiente seguro y de entendimiento. El bullying, la aceptación y autoestima, manejo del entorno e información médica serán algunos de los temas que serán discutidos en estas sesiones.

lunes, 7 de julio

Previendo el Bullying Desde casa

3:00pm - 3:45pm, Solana Beach AB

Presenter: Laura Casados Maldonado Lic. en Psicología

Este taller, en español, proporciona herramientas para prevenir y abordar el bullying desde casa, tanto a nivel físico como emocional, y fomentar un entorno familiar de apoyo y comprensión.

the most
AMAZING
CARE
anywhere™

Shriners Children's brings a compassionate, innovative team approach to caring for children with skeletal dysplasia. Our goal is your goal: giving your child the best quality of life possible.

To learn more about Shriners Children's skeletal dysplasia care, visit shrinerschildrens.org or call 800-237-5055.

Shriners
Children's™

LPA National Conference Information

Annual Meeting of the LPA Council of Directors and Board of Directors

Saturday 8:00am-5:00pm, Ocean Beach, 3rd floor

LPA's Board of Directors and Council of Directors conduct an annual in-person session over Conference's opening weekend. The Board reviews the previous year's activities and creates programs and policies to advance the mission of LPA. Everyone is welcome to attend and listen.

<i>Meeting of the Council of District Directors</i>	<i>Saturday, July 5th</i>	<i>8:00am - 12:00pm</i>
<i>Meeting of the Board of Directors</i>	<i>Saturday, July 5th</i>	<i>1:00pm - 5:00pm</i>

General Assembly Meeting

Mission ABC

Monday, July 7th

10:00am - 11:30am

The Board of Directors, meet in person to conduct LPA business. During the past year, the Board has continued to work towards accomplishing the short term and long range goals to make LPA an organization we can all be proud of. Each member of the Board will share with the community the accomplishments of the recent past and the plans of the Board and the committees they oversee. Finally, the Board will open up a town hall discussion to answer questions from the membership. One of the goals of the Board has been to be available and transparent to the members it serves and there is no better opportunity to ask questions, make suggestions and have your voice heard.

Dedicated Rooms and Daily Events

We have a variety of rooms throughout the hotel that will primarily house one on-going event or activity for the week, or an event that will take place in the same location every day.

Bingo

Grand Hall B, Lobby Level

Saturday, July 5th - Tuesday, July 8th

9:00pm - 11:00pm

Bingo nights are back and packed with fun —four nights, four epic themes, and nonstop chances to win! Join us for Vacation Vibes on Saturday, Sunday is Comic Con, Sports Frenzy on Monday, and last but not least, Tuesday's Movie/Music Mania night.

Each night features a photo booth, fun door prizes, and a costume contest for all ages on Comic Con night! Door prize winners will be pulled after the first three games each night, so be sure to get there early! Don't miss our nightly raffles with themed baskets worth \$300+ and a cash raffle drawn on July 8th!

Bonus Games Alert:

- On Sunday night, play for a chance to win an iPad
- On Monday night, you could walk away with a brand-new Apple Watch

And keep your eyes peeled for some celebrity-style prizes—one may be linked to a certain Emmy-winning actor known for *playing the Game*.





Dedicated Rooms and Daily Events

Children's Room

Seaport H, 2nd Floor

Saturday	8:00am - 12:00pm, 1:00pm - 4:00pm
Sunday	8:00am - 12:00pm, 1:00pm - 4:00pm
Monday	8:00am - 12:00pm, 1:00pm - 4:00pm
Tuesday	8:00am - 12:00pm
Wednesday	8:00am - 12:00pm

Where kids go for fun! Let the kids play while you attend the educational workshops. (Pre-registration required). Don't forget to check out the animals on Monday!!

LPA Expo

Seaport Foyer, 2nd Floor

Saturday, July 5th	6:00pm - 9:00pm*	* Platinum Expo Hours
Sunday, July 6th	12:00pm - 4:00pm*	* Platinum Expo Hours
	6:00pm - 9:00pm	
Monday, July 7th	6:00pm-9:00pm	
Tuesday, July 8th	6:00pm-9:00pm	

Shop the best in LP-related business and products! What's a vacation without a little shopping? Products are not endorsed or approved by LPA, nor by the LPA Medical Advisory Board.

LPA Archives - Oral History Interviews

Golden Hill B

Saturday, July 5th - Wednesday, July 9th

Time Scheduled by Appointment with Jim Kay, Archivist

LPA, supported by funding from the Warner Foundation and the Ford Foundation, has embarked on an ORAL HISTORY PROJECT. The project will focus on a cross-section of LPA members, including parents, siblings, various dwarf diagnoses, leadership at all levels, and staff. The oral history interviews will provide an opportunity for LPA members to share their life experiences, challenges, and accomplishments.

All oral history interviews were scheduled prior to the conference. Please do not disturb the interviews.

Barty Lounge

America's Cup Ballroom, 4th Floor

Sunday, July 6th - Wednesday, July 9th

10:00pm - 1:00am, 21 and over

Come enjoy some amazing entertainment while overlooking the pool deck and the San Diego city lights. We are kicking the week off with an incredible comedy show, hosted by our very own Nic Novicki! UCLA has generously helped us host our comedy night, with Nic at the helm, along with some hilarious friends for a night of side-splitting fun. Monday brings us a top gun theme, along with disco bingo (sponsored by Peggy O'Neill), which is a fun music-themed **Barty** variation of Bingo with a twist. Tuesday is our don't-miss-day of the week, because Little Big Band is back, and even has the cowbell! We end the week with a phenomenal, highly sought after San Diego music treasure, live from the America's Cup ballroom. No matter what part of life you are in, it's another year of inclusivity at the Barty Lounge, enjoying entertainment and LPA together, as one.





Dedicated Rooms and Daily Events

LPA Registration

Seaport F, 2nd Floor

Thursday, July 3rd	3:00pm - 9:30pm
Friday, July 4th	8:00am - 2:00pm; 4:00pm - 9:30pm
Saturday, July 5th	8:00am - 11:30am; 3:00pm - 7:00pm
Sunday, July 6th	8:00am - 1:00pm
Monday, July 7th	9:00am - 1:00pm
Tuesday, July 8th	9:00am - 1:00pm
Wednesday, July 9th	9:00am - 1:00pm

Pick up your registration, purchase additional tickets to events, or begin your on-site registration. This room is open for your registration needs, questions, and concerns.

LPA Information Desk

Seaport F, 2nd Floor

Friday, July 4th	5:00pm - 8:00pm
Saturday, July 5th	2:30pm - 8:30pm
Sunday, July 6th	12:00pm - 4:00pm
Monday, July 7th	12:00pm - 4:00pm
Tuesday, July 8th	1:00pm - 4:00pm
Wednesday, July 9th	11:00am - 2:00pm

Do you have a quick question about conference or the area around the hotel? Here is the place to get answers from local LPA members. The LPA Information Desk will also be selling LPA items, including t-shirts.

DAAA Check-In

Show Office 6, 2nd Floor

Thursday, July 3rd	4:00pm - 8:00pm
Friday, July 4th	6:00am - 9:00am; 3:00pm - 6:00pm
Saturday, July 5th	9:00am - 11:00am
Sunday, July 6th	7:00am - 11:00am
Monday, July 7th	9:00am - 11:00am

The Dwarf Athletic Association of America is hosting their national games this year, but you **must be pre-registered to participate**. However, if anyone is interested in going to cheer the athletes on, that's always encouraged!

Medical Clinics, Sponsored by The Ellen Fernandez Fund

Harbor Tower, Room 3134 for Check-in

Monday, July 7	8:30am - 5:00pm
Tuesday, July 8	8:30am - 5:00pm
Wednesday, July 9	8:30am - 12:00pm

Meetings with medical professionals are available from members of our Medical Advisory Board. Most meetings were scheduled in advance; please check with the Registration Crew on Saturday morning at LPA Registration (Seaport F) or Monday afternoon, after 3pm in the MAB Clinic (Meeting Room 3134), for additional meeting availability.

LEE KITCHENS CORNER ENTERTAINMENT LINEUP

Calling all music lovers who enjoy timeless tunes and a relaxed vibe — come join us for an evening of live entertainment featuring piano, violin, and more sweet melodies. Whether you'd like to sip a beverage and enjoy the music indoors, or reconnect with old friends out on the balcony, this is your time to unwind and savor the moment.

SEAPORT FOYER, 2nd FLOOR

**SATURDAY
JULY 5 2025**

**GARY HIRSCH &
ANDREW BAMBRIDGE** 5:00PM

**SUNDAY
JULY 6 2025**

**GARY HIRSCH &
LUCY WILLIAMS** 5:00PM

**MONDAY
JULY 7 2025**

LUCY WILLIAMS 5:00PM

**TUESDAY
JULY 8 2025**

MARCO SANTINI 5:00PM

**WEDNESDAY
JULY 9 2025**

ANDREW BAMBRIDGE 5:00PM

Sponsored by:





Dedicated Rooms and Daily Events

Nightly Dance

Seaport Ballroom

Thursday, July 3rd - Thursday, July 10th

9:00pm - 1:00am

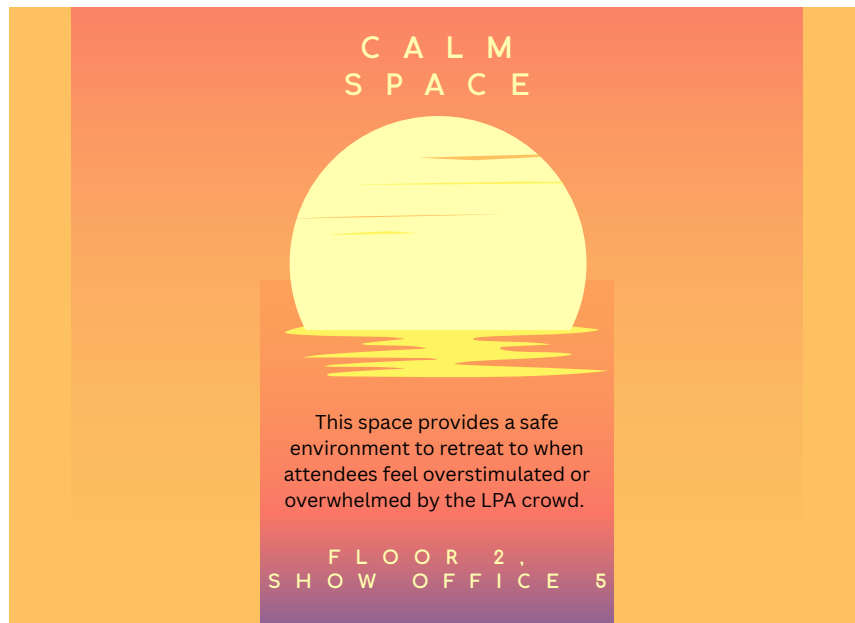
Thursday, July 10th, Last Dance in America's Cup

Get ready to party every night of the conference in the Grand Ballroom! Starting at 9pm, we'll keep spirits high with family-friendly favorites—from the Chicken Dance and YMCA to the Macarena—perfect for all ages. Around 11:30pm, the energy shifts as Club LPA takes over with EDM, dubstep, and top club hits to keep the dance floor alive until 1am. Requests welcome (though not guaranteed), so bring your best moves!

Parent Meetings

Balboa ABC

Parent meetings are a time to come together, ask questions, seek advice and share stories about raising children in this sweet, diverse community.



Peer Support Team

Formerly Social Work and Talking

Call 724-572-7928 during the week

Hi everyone! While we are all getting excited about this year's national conference we wanted to make sure that you knew that we are once again providing our awesome peer counseling service called PS - LPA (Peer Support - LPA) for our week-long conference. Whether you're someone with dwarfism or a family member, navigating the unique challenges and joys that come with being at this conference can sometimes feel overwhelming. That's where our peer counselors step in – they lend an empathetic ear, share experiences, and offer support. It's a safe space to chat about anything on your mind, from practical advice to personal stories. Don't miss out on this fantastic opportunity to connect with someone who truly gets it. Make an appointment, call us, text us, and chat to feel the support of our fantastic community! Beginning Friday, please call or text us at 724-572-7928 to speak to a PS-LPA member.



NEED SUPPORT DURING CONFERENCE HOURS?
CALL OR TEXT
724-572-7928



Parent Meetings

PARENT MEETINGS

- SATURDAY 1PM YOUNG ADULT PANEL
- SUNDAY 8:30AM PSYCHOSOCIAL QUESTIONS
- MONDAY 8:30AM ARCHIVE PRESENTATION & 504 / SCHOOL ISSUES
- TUESDAY OFF FOR BEACH DAY!
- WEDNESDAY 8:30AM ADAPTATIONS

BAJBOA ABC

BIOTECH MEETINGS

- TUESDAY 4:30PM AVERAGE STATURE DISCUSSION
- TUESDAY 4:30PM SHORT STATURE DISCUSSION
- WEDNESDAY 1PM COMMUNITY DISCUSSION

CORTEZ HILL ABC

MISSION BEACH ABC

BAJBOA ABC



More Than a Teen Living With a Rare Skeletal Dysplasia

She’s a student heading to college with dreams of a career in entertainment.

Chloe was diagnosed with spondyloepiphyseal dysplasia (SED) when she was just over a year old. Since then, the team of orthopedic surgeons, geneticists, and physical therapists at Nemours Children’s Hospital, Delaware have been her partners in helping her live life to the fullest.

With a deep understanding of the challenges associated with SED and a personalized approach to care, our experts have helped Chloe build a life centered on long-term health so she can follow her dreams and reach her place among the stars.

Your child is more than a patient.
And we’re more than a hospital.
Learn more about our world-renowned
Skeletal Dysplasia Program at [Nemours.org](https://nemours.org).



Dwarf Artist Coalition Activities

The Dwarf Artist Coalition (DAC) brings together different artists, highlighting their work in music, art, photography, design, spoken word, and performance. The hope is to celebrate all the natural artists while fostering new artists and inspiring the community!

Art Heals with DAC

Saturday, July 5th / 10:00am - 11:30am

America's Cup, 4th Floor

We believe everyone has a right to art, and we are all innately creative. Art has the ability to heal and connect people. Come tap into your deeper creativity and explore this transformative workshop aimed to heal, empower and connect us all. ALL are welcome!

DAC & Tellin' Tales Theatre - Improv Workshop

America's Cup

Sunday, July 6th, 11:00am - 12:00pm

This workshop is for kids to learn the basic skills of improv comedy. We will be playing improv games similar to what is seen on "Whose Line is it Anyway" or the "Smosh Pit" YouTube channel in order to cultivate stage skills and creativity. After the workshop, there will be a theater showcase for everyone in this workshop as well as 2 other theater workshops to show their friends and family what they learned.

DAC Visual Art Display

Seaport Foyer, 2nd Floor

Sunday July 6th- Tuesday, July 8th / 6:00pm - 9:00pm

Come support LP visual artists! DAC will be showcasing artists submissions in a digital gallery display during the Expo hours, July 6th-9th. These pieces-of-art, pending artist preference, may be available for purchase. Artists to manage sales.

DAC & Tellin' Tales Theatre - Monologue Storytelling

America's Cup

Monday, July 7th, 11:00am - 12:00pm

This workshop is for kids to learn how to tell stories for an audience in a theater or open mic setting. We will be working on story telling from the point of view of the author (storytelling) or a character (monologue). This workshop is meant to help kids be comfortable in front of crowds for public speaking, as well as telling their own stories in the ways they want them to be told.

DAC Telephone Reception

America's Cup

Monday, July 7th, 4:00pm - 6:00pm

This workshop is for kids to learn how to tell stories for an audience in a theater or open mic setting. We will be working on story telling from the point of view of the author (storytelling) or a character (monologue). This workshop is meant to help kids be comfortable in front of crowds for public speaking, as well as telling their own stories in the ways they want them to be told.

DAC Social

America's Cup

Tuesday, July 8th, 4:00pm - 5:00pm

Come support LP visual artists and meet fellow artists of all mediums! A chance to catch up, share work, and connect with the artistic community within LPA. This will also be an opportunity to highlight our visual art display to our community and its artists will be given an opportunity to speak about and share their work. Connect with fellow artist, share your creativity and network. Both professionals and hobbyists are welcome!

DAC & Theatre Basics Workshop

America's Cup

Wednesday, July 9th, 1:00pm - 2:00pm

This workshop will teach kids the basics of theater and what they would need to know if they were cast play or other theater based show. We will be going over how to receive direction and the basics of how to act in a play. In order to do all of this, we will be learning a scene as a group and performing it (no memorization required). After the workshop there will be a theater showcase for everyone in this workshop as well as 2 other theater workshops to show their friends and family what they learned.

DAC & Theatre Basics Workshop

America's Cup

Wednesday, July 9th, 2:00pm - 4:00pm

This will be a show for all the participants in the previous 3 theater workshops through the DAC. To show their friends and family what they learned. The first group to perform will be the improv group, the second group will be from the monologue/storytelling workshop, and finally the theater basics workshop. All participants are welcome to participate in more than one theater workshop and they may perform with one or more of the groups (as long as they participated in the corresponding workshop). This performance will feature LPA members and guests between the ages of 9-14, Little people and average height siblings or friends. All are welcome to watch the show.

Receptions and "Meet & Greet's"

Whether you are a seasoned conference attendee or a first timer wanting to meet others, we encourage you to take advantage of these wonderful get-togethers. This is an excellent opportunity to meet new people, exchange ideas, ask important questions, relax and socialize. Most of the receptions are open to all members with the exception of those noted with an asterisk (*). Times are subject to change. Light food is provided at some receptions, however 'meet and greets' do not have food provided.

FRIDAY - JULY 4TH		
Time	Function	Location
10:00am - 11:00am	Parents and Family Reception <i>Sponsored by the MU Healthcare</i>	Balboa ABC
6:00pm - 7:00pm	Welcome Back Board Reception	Gaslamp AB
8:00pm - 9:30pm	Rainbow Social (LGBTQ+ & Allies)	Gaslamp AB
SATURDAY - JULY 5TH		
4:00pm - 5:00pm	International Reception	Grand Hall D
4:00pm - 5:30pm	Pseudo Meet & Greet	La Jolla B
4:00pm - 6:00pm	MOPD Meet & Greet	Solana Beach B
4:30pm - 6:00pm	Newcomers Reception <i>Sponsored by Nemours Children's & Cedars Sinai</i>	Grand Hall C
5:00pm - 6:00pm	Recepción en español	Grand Hall D
SUNDAY - JULY 6TH		
4:00pm - 6:00pm	MAB Reception* <i>Sponsored by the Ellen Fernandez Fund</i>	Private Event
4:00pm - 5:30pm	CHH Meet & Greet	Gaslamp C
4:00pm - 5:30pm	OI Meet & Greet	La Jolla A
5:00pm - 6:00pm	Acromesomelic Meet & Greet	Gaslamp D
5:00pm - 6:00pm	Morquio Meet & Greet	Solana Beach AB
5:00pm - 6:00pm	SED / Kniest Meet & Greet	Mission Beach ABC

Receptions and "Meet & Greet's"

MONDAY - JULY 7TH		
Time	Function	Location
4:00pm - 6:00pm	Dwarf Artist Coalition Telephone Reception	America's Cup
5:00pm - 6:00pm	Grandparents Meet & Greet	Torrey Hills B
5:00pm - 6:30pm	Donor & Board Reception*	Private Event
6:30pm - 7:30pm	District 12 Reception hosted by UCLA* (Only for those who live in District 12)	Mission Beach ABC
9:00pm - 10:00pm	College Scholarship & Mentorship Reception <i>Sponsored by Johns Hopkins University</i>	Private Event
TUESDAY - JULY 8TH		
4:30pm - 5:30pm	OWLS Reception <i>Sponsored by UW Health</i>	Solana Beach ABC
4:00pm - 5:30pm	Adoption Reception	Bayview



* By invitation only.



Receptions and "Meet & Greet's"

Meet and Greet's are an opportunity to come and share experiences, meet new people, exchange ideas, ask important questions, relax and socialize. We encourage all to attend and connect with other LPA members and make new friends. Here are the list of Meet and Greet's that are offered this year (please see pages 86-87 for location, dates and times).

- Acromesomelic Dysplasia
- Cartilage Hair Hypoplasia (CHH)
- Diastrophic Dysplasia
- Grandparents
- Morquio Syndrome
- Osteogenesis Imperfecta (OI)
- Parents of Little People (POLP)
- Primordial (MOPD)
- Pseudoachondroplasia
- Spondyloepiphyseal Dysplasia (SED), Kniest, and related conditions

Adoption Reception

Bayview, 32nd Floor

Tuesday, July 8th, 5:30pm - 6:30pm

Join us to meet other families who have already adopted, or who are going through the process now. Share your experiences about one of life's most amazing journeys. Adoption is a wonderful element of LPA's culture. Come and celebrate with us. Children are very welcome!

College Scholarship and Mentorship Reception *

Monday, July 7th, 9:00pm - 10:00pm

This is a private reception to honor this year's LPA College Scholarship Award Recipients. We will also be recognizing those who participated in this year's LPA College Mentorship Program. *By invitation only

District 12 Reception *

Sponsored by Lusk Orthopaedic Institute at UCLA

Mission ABC

Monday, July 7th, 6:30pm-7:30pm

This is a private reception hosted by UCLA to bring District 12 members together for a celebration of California. *Only District 12 residents (California) are invited.

Donor and Board Reception *

Monday, July 7th, 5:00pm - 6:30pm

This is a private reception to thank our generous Donors, Sponsors, Board of Directors, and other Volunteer Leaders. *By invitation only

Dwarf Artists Coalition (DAC) Telephone Reception

America's Cup, 4th Floor

Monday, July 7th 4:00pm - 6:00pm

This workshop is for kids to learn how to tell stories for an audience in a theater or open mic setting.

International Reception

Grand Hall D, First Floor

Saturday, July 5th, 4:00pm - 5:00pm

Our LPA National Conference hosts attendees from all over the world. Come and learn more about their lives and organizations and share with them some of your experiences. This is also a good opportunity for them to learn about LPA.

MAB Reception *

Sponsored by the Ellen Fernandez Fund

Sunday, July 6th, 4:00pm - 6:00pm

This is a private reception for LPA's Medical Advisory Board and their guests. *By invitation only

Newcomers' Reception

Sponsored by Nemours Children's Health

Grand Hall C, First Floor

Saturday, July 5th, 4:30pm - 6:00pm

If this is your first time attending a National Conference, please join us to learn what to expect. You will learn about all the events, the workshops, and in general, how to navigate your way around a national conference. This reception is hosted by seasoned LPA members, who will give you advice they have learned from years of attendance and service. It is a great opportunity to ask questions, and to meet other first timers. We highly recommend you attend this reception to help alleviate any anxiety you may be experiencing.

Receptions and "Meet & Greets"

OWLS Reception (Older Wiser Little Seniors)

Solana Beach ABC

Tuesday, July 8th, 4:30pm - 5:30pm

You are invited to come and meet others who are enjoying their best and wisest years yet. Whether you are new to LPA or have attended many conferences in the past, this is a wonderful opportunity to catch up with friends old and new.

Parent and Family Reception

Balboa ABC

Friday, July 4th, 10:00am - 11:00am

New Time! Whether you are the parent of a young child or an older child, come learn and share what the LPA conference is like, and what to expect. You will meet our National Parent Coordinators and learn the schedule and topics of the Parent Meetings for the week.

Rainbow Social (2SLGBTQIA+ and Allies)

Gaslamp AB

Friday, July 4th, 8:00pm - 9:30pm

This is an opportunity to meet new friends, visit with old friends, and discuss what is important to you. You will have the opportunity to exchange stories, ideas, and helpful advice. We welcome both gay and supportive straight family and friends.

Recepcion para las personas de habla Hispana

Grand Hall D, First Floor

Saturday, July 5th, 5:00pm - 6:00pm

LPA tiene muchos miembros que participaran de Espana, Mexico, America Central y america del Sur . Esta es la oportunidad que las personas de talla baja y sus familiares compartan sus experiencias con personas de diferentes paises y regiones . Tambien se dara un breve resuento de las actividades a realizarse en la convencion . Esta recepcion sera coordinada por los miembros de habla hispana de LPA

Welcome Back, Board Reception

Gaslamp AB

Friday, July 4th, 6:00pm - 7:00pm

A brand new reception to welcome back our elected Board members.

Children's Room

Sponsored by Boston Children's Hospital, Children's Hospital of Colorado,

Phoenix Children's & Shriner's Children

Children's Room Open House

Seaport H

Friday, July 4th, 6:30pm - 7:00pm

Bring your family and explore the children's room. This is a Q & A time for parents to gain information about the events and procedures for this year's activities as well as to meet the best coordinator in the universe Lou Ann McKay.

Children's Room

Seaport H

Saturday - Monday

8:00am - 12:00pm; 1:00pm - 4:00pm

Tuesday - Wednesday

8:00am - 12:00pm

The children's room is a safe and exciting environment for children, ages 0-10, to explore, create, play and make friends while their families attend workshops and meetings. This room will be staffed by LPA members, their families and friends under the coordination of Lou Ann McKay, who has had years of previous experience with running the children's room. Lou Ann is an LPA parent and credentialed teacher, who taught kindergarten in San Diego for 34 years.

Children's Room Guidelines:

Due to legal constraints, parents must remain on the hotel property at all times.

- All parents must provide the coordinators with a United States based phone number so that they may be reached in case of an emergency. Without this, a child(ren) will not be allowed to stay and registration fees will not be refunded.
- Due to food allergies, only water will be allowed in the Children's Room. Bottles for infants are allowed, however, they should be pre-made and labeled with your child's name.
- Parents must provide consent for all older children needing assistance with the bathroom. Parents will be called for diaper changes.
- Parents must provide any equipment or materials needed for their child's care and must be clearly labeled with their child's name.
- Your prompt pickup of your child(ren) is greatly appreciated! If there are repeated issues with pickups, we may deny access and withhold any refund.



CITM (Caught in the Middle) Activities

10 to 13 years of age, AH and LP youth welcome.

We are ready to have so much fun! However, we've learned from past fun and would like you to read the note from the hard-working CITM volunteers.

Please be aware that this space is not a supervised daycare facility. Children are free to come and go at their own discretion, and we do not have the ability to restrict their movement or ensure they remain in the room. While we strive to maintain a safe and welcoming environment, it is important for parents and guardians to be mindful of this when allowing their children to participate in activities here.

We kindly ask that you respect this space during its closed hours. We take great pride in maintaining a well-organized and inviting environment, and it is important that this order is preserved. When the room is not open, we ask that you refrain from using the facilities or accessing any of the recreational items. Your cooperation helps ensure that the space remains enjoyable and well-kept for everyone. Thank you for your understanding.

Friday, July 4th & Monday, July 7th

CITM Fun Hangout

Grand Hall A, First Floor

10:00am – 11:30am

We will start with a brief meet 'n' greet, some intros, and a few icebreakers. We will also learn about what is happening during the rest of the week, with a couple of quick games thrown in - don't miss out!!

Saturday, July 5th & Tuesday, July 8th

Pool Day!

Pool Deck, 4th Floor

1:00pm – 2:30pm

Don't forget your sunscreen and your best pool floaties—let's make some waves together!

Sunday, July 6th

Off-site - SEAL Tour

Meet at the Kettner Entrance to load on the SEAL CITM bus.

10:15am – 1:00pm

Pre-registration required. Imagine cruising through the bustling streets of San Diego in a vibrant, amphibious vehicle called the Hydra Terra. CITM group will be all on our own SEAL bus-boat, ready for the adventure together. **Tickets required.**

Monday, July 7th

CITM Movie Night: Crazy, Stupid Love

Movie Theatre on Pool Deck

6:30pm – 9:00pm (Movie starts at 7pm)

Pre-registration required. Anyone up for a laugh? And maybe some Ryan Gosling thrown in? This is the perfect opportunity to unwind, catch up with friends, and enjoy a fantastic film together. Bring your blankets, wear your coziest PJs, and don't forget to RSVP. **Tickets required.**

Wednesday, July 9th

Outdoor Extravaganza!

Sports Deck, 4th Floor

10:00am – 12:00pm

Friendly competition. Huge laughter. A great time with friends. Be there!



Teen Events

High School: 14 to 18 year olds; AH & LP Welcome

Friday, July 4th

Meet and Greet at Ben & Jerry's

Meet in Lobby

11:30am - 12:30pm

Come hang out and learn about all of the events going on throughout the week while enjoying a sweet treat! Cones on LPA's dime.

Saturday, July 5th & Tuesday, July 8th

Hangin' By the Pool

Pool Deck, 4th Floor

3:00pm - 5:00pm

Just don't forget your sunscreen and those insta-worthy pool floaties—enjoy the vibes, and make some serious waves.

Sunday, July 6th

Off-site - SEAL Tour

Meet at the Kettner Entrance to load on the SEAL CITM bus.

10:15am - 1:00pm

Pre-registration required. Imagine cruising through the bustling streets of San Diego in a vibrant, amphibious vehicle called the Hydra Terra. **Tickets required.**

Monday, July 7th

WDNR Museum

Meet at the Kettner Entrance to walk over together.

1:00pm - 4:00pm

Pre-registration required. Located in the Gaslamp Quarter, this isn't just a museum—it's a journey into wonder. **Tickets required.**

Wednesday, July 9th

Midway Museum

Meet at the Kettner Entrance to walk over together.

1:00pm - 4:00pm

Pre-registration required. More than 30 restored aircraft and nearly 10 acres of exhibits and displays - a cool opportunity to check out a unique museum. **Tickets required.**

YA at LPA: Young Adult Events

YA at LPA: 18 to 24 year olds; AH & LP Welcome

Saturday, July 5th

Coffee Break

Meet at Market One

10:00am - 11:00am

Kickstart the conference with a relaxed coffee meet-up at Market One, right here at the Hyatt.

Sunday, July 6th

Poolside Fun

Pool Deck

1:00pm - 3:00pm

Beat the summer heat and celebrate July by the pool! Don't forget to bring your sunscreen and your best pool vibe!

Monday, July 7th

Movie on the Rooftop Deck

Rooftop Deck

9:15pm - 11:00pm

Wedding Crashers is on, you ready for a laugh? Movie starts at 9:45pm. Tickets to be purchased on your own.

Wednesday, July 9th

Burger, Bait & Beer

Meet in Lobby, near Kettner entrance

11:00am - 1:00pm

Enjoy juicy burgers, fresh seafood, and an excellent selection of local craft beers while soaking in the scenic harbor views. **Lunch \$ on your own.**

Average Height Youth Events

All ages between 8-21 years old, AH youth welcome.

Friday, July 4th

Photo Scavenger Hunt:

Oldtown A

11:00am – 1:00pm

Explore the hotel during an exciting Scavenger Hunt with your average height peers, while getting to know each other and working together as a team. Win prizes, too!

Saturday, July 5th

Game Day

Oldtown A

1:00pm - 3:00pm

For kids too old for the kid's room. Join us for an exciting Average Height Youth Game Session! Come enjoy a fun-filled afternoon with a variety of games, including classic board games and team challenges.

Sunday, July 6th

Cornhole

Pool Deck

10:00am - 12:00pm

Join us for a friendly and exciting competition where you can show off your tossing skills and challenge friends to a classic game of cornhole!

Monday, July 7th

Both sessions held in Oldtown A

Games and Workshop for AH Younger Youth, 8 - 12 years old

10:00am - 11:00am

Games and Workshop for AH Youth, 13 and up

11:15am - 12:00pm

Wednesday, July 9th

Painting Like a Boss!

Grand Hall B

10:00am - 11:00am

Have the chance to take home your finished artwork as a special keepsake from the 2025 LPA National!

OWLS Events

Our Older Wiser Little Seniors (OWLS) group is robust, opinionated, and very active. Here's what the 50+ group are doing in San Diego!

Saturday, July 5th

Coronado Ferry and Lunch

CHANGED TIME: LEAVE FROM THE LOBBY BETWEEN 10:30 AM TO 10:45 AM, for the 11:25 AM Ferry.

Meet at Coronado Ferry at the Convention Center Pier. Transportation on your own - it's about a 20 minute walk from the hotel. There will be people directing you from the lobby, beginning at 10:30AM. You may also uber to the Ferry - the Ferry address details are: 600 Convention Way, Flagship Ferry to Coronado, Fifth Avenue Landing, tucked behind the San Diego Convention Center and adjacent to the Hilton Bayfront.

Once you get onto the **11:25 AM** Coronado Ferry, enjoy the breeze and the views of the San Diego waterfront. Once you land at Coronado, there is a special lunch planned for just the OWLS group, at the beautiful Peohe's restaurant. Head there first, and then take the rest of your time to leisurely stroll around the island. You will be receiving a roundtrip ticket back on the Ferry, so you can choose when to come back to the hotel. Please note that the Ferry leaves once an hour from Coronado - at 10 past the hour. So, if you want to get back to the hotel by 4:00, you should take the 3:10pm Ferry. Or, if you're having the greatest time in Coronado, you can take a later Ferry - it's all up to you!

Monday, July 7th

OWLS Trivia

Monday, July 7th, 6:00pm - 7:00pm

Solana AB

Use that wisdom for some good old fashioned trivia! Hosted by your new OWLS coordinator, Leslye Sneider! Leslye is going to test out your trivia prowess.

Tuesday, July 8th

OWLS Reception

Sponsored by UW Health

Solana ABC

Tuesday, July 8th, 4:30pm - 5:30pm

You are invited to come and meet others who are enjoying their best and wisest years yet. Whether you are new to LPA or have attended many conferences in the past, this is a wonderful opportunity to catch up with friends old and new.



Onsite Special Events

The Tallest Dwarf Screening - Newly Added!

Seaport Ballroom

Friday, July 4th / 1:00pm - 4:00pm

When a filmmaker with an undiagnosed form of dwarfism seeks out people with bodies like hers, she enters a community in flux. She joins forces with little people artists to trace a troubled history of being put on display. Together they forge a vision of disabled beauty and power.

Julie Forrest Wyman is a 5' LP with hypochondroplasia and a filmmaker whose work has screened on PBS, Showtime and at film festivals worldwide. *The Tallest Dwarf* tells a personal story that opens into a reflection on LP community and dwarf culture and pride. The documentary, which had a world premiere at SXSW (South by Southwest Film Festival, Austin, Texas) in March 2025 features selections from the LPA archive as well as never before seen archival footage of LP circus performers from the 1920's-30's behind the scenes. The film also includes many members of today's LPA community who are treated and represented as individuals and not as official spokespersons or representatives of LPA. The film will air on the national acclaimed PBS series Independent Lens in spring 2026. This screening is a special preview for our community.

Content Warning:

This film addresses, from an LP lived-perspective, troubling historic and present-day representations of LP in media and entertainment. As a secondary storyline, this film explores the history, present, and future of medical interventions for various forms of dwarfism and acknowledges the complex and unresolved nature of new genetic therapies within our community.



Pool Deck Fun with Fireworks!

Pool Deck

Friday, July 4th / 7:00pm - 9:00pm

Kick off the the conference with an unforgettable evening on the pool deck, where the ambiance is lively and the fun never stops! the pool area features our swimming pool for the week, hot tubs, and beautiful views of the waterfront and the city skyline. Enjoy a night of outdoor games, including everyone's favorite cornhole! Whether you're a cornhole champion or just looking for a good time, this evening promises to be a night to remember.



Children's Hospital Colorado
Here, it's different.™



Building a Community of Care for Your Family

At Children's Hospital Colorado, we are experts in the kind of care that puts kids first. We have a team of experts dedicated to caring for kids with dwarfism and skeletal dysplasia, so you can trust us to provide skilled and experienced care for you and your family. Our skeletal dysplasia program offers, coordinated, multidisciplinary care for patients of all ages, bringing all of our specialists together in a single visit

Areas of Expertise

- Orthopedics
- Genetics
- Bone health
- Social work
- Rehabilitation medicine
- Physical therapy
- Endocrinology
- Pediatric special care
- Genetic counseling

Learn more at childrenscolorado.org

Onsite Special Events

Surfin' USA - Opening Celebration!

Seaport Ballroom

Saturday, July 5th / 6:00pm - 8:00pm

Ride the waves at our Surfing USA Opening Celebration on the Manchester Grand Hyatt in San Diego! Experience the thrill of catching a wave without even leaving the hotel - you can ride the big wave inside the ballroom on the wave simulator ride....let's hope you can stay on! Dive into the excitement with a night filled with delightful small appetizers, lively roving entertainment, and the vibrant spirit of surfing. Keep an eye out for our magicians who will amaze you with their performances and charm. Come meet new friends, mingle with old friends, and enjoy the camaraderie that the community brings together. Everyone loves Opening Celebration Night!

Pre-registration required. Tickets still available. Onsite ticket prices are \$80 per adult, \$60 per child.

Baile Latino - Latin Dance Night - Everyone is invited!

America's Cup

Saturday, July 5th / 8:00pm - 12:00am

Ven a bailar al ritmo de la música latina..., salsa, merengue, cumbia y más! No te pierdas esta divertida oportunidad de compartir con nuevos y viejos amigos. Están todos invitados.

Come dance with the Latin music rhythm...salsa, merengue, cumbia and much more! Don't miss this fun opportunity to share with new and old friends.



California Dreamin' Fashion Show

Seaport Ballroom

Sunday, July 6th

3:00pm - 4:00pm - Mandatory Rehearsal

6:30pm - 7:00pm - Live! **Red** Carpet Entry

7:00pm - 8:30pm - California Dreamin' Fashion Show



Join us as we come together to celebrate everyBODY with the California Dreamin' LPA Fashion Show. We will have 3 segments where you can share in the love of self + creative expression, which includes:

1) Power to the People: this is the general part of our show that encourages everyone who wants to show off a look that makes them feel POWERFUL.

2) Runway Around the World: the ever-so-popular SHOWSTOPPING moment where participants of all ages will educate the community about their heritage and the fashion trends that touch many cultures globally.

And finally...

3) Pursuing Your Passions: this is the newest segment, where models have the chance to showcase a style that you wear during a favorite activity or hobby. What do they wear when pursuing your passions? Examples include: going to a concert, or playing a game of pickleball. PROPS ARE ENCOURAGED!

Models ages 5 and older can participate in the runway show. The runway is accessible for all mobility devices. All models ages 5 and over must attend the mandatory rehearsal on July 6 at 3:00 PM in order to participate in the runway show.

As the Beach Boys would say, get ready to Surfin' USA!

Onsite Special Events

Family Fun Night - Let the Magic Happen

Seaport Ballroom

Monday, July 7th / 7:00pm - 8:30pm

Join us for an enchanting Family Fun Night featuring the incredible Magic of Merlin, Paul Dwork! The LPA Conference is thrilled to welcome Paul and friends, with his expertise in close-up and parlor magic, as well as his captivating mentalism acts, Paul promises to deliver a fun and entertaining experience for all ages.

LPA Talent Show -Captivating California

Seaport Ballroom

Tuesday, July 8th

9:00am - 10:00am - Mandatory Rehearsal

7:00pm - 8:30pm - Captivating California Talent Show

THE TALENT SHOW
IS GONNA ROCK!!

Get ready to celebrate friendship, community, and incredible talents at our Captivating California: LPA Community Talent Showcase on Tuesday, July 8th from 7:00 PM to 8:30 PM in beautiful San Diego! This special event is all about coming together and supporting each other as we share our unique gifts, while putting on some really captivating acts.

We invite all talented members of the LPA community to take the stage and show us what you've got! Whether you're a singer, dancer, magician, or have a unique talent that sets you apart, we want to see it all. This family-friendly event is the perfect opportunity to create lasting memories and celebrate the bonds that make our community strong.

Mandatory Rehearsal for all Talent Show participants is on Tuesday (July 7th) at 9:00am in the Seaport Ballroom. It is MANDATORY because our A/V team needs to know what's up next, and all of the things that make a show of talent really awesome.

I don't know if we mentioned this, but the rehearsal is mandatory, meaning... you have to have a rehearsal in order to participate.

One more thing... did we mention rehearsal is mandatory?



Canvas and Cocktails

Grand Hall B

Wednesday, July 9th / 1:00pm - 3:00pm (Sold out!)

Guided by one of our very own volunteer artists, this relaxed and fun atmosphere is perfect for socializing and unleashing your creativity.

Children's Banquet – It's All About the Zoo!

Seaport H

Wednesday, July 9th / 6:00pm - 8:30pm, preregistration required

Come join the zany zoolicious time as we celebrate the animals from the San Diego zoo. As soon as you walk in, you'll be greeted by vibrant decorations and fun activities. Imagine tables decked out with animal balloons and a bubble machine at the center, creating a jungle of fun! Kids can play games like corn hole, and even color a massive zoo-themed poster. The evening will be packed with laughter, excitement, and unforgettable memories. Parents, rest easy knowing your children are in for a night of pure joy and excitement.

Parents must be attending the LPA Banquet Celebration, or remain onsite in the hotel, in order for their child(ren) to register for the Children's Banquet.

Kids must be picked up by 8:30pm



Onsite Special Events

California Cruisin' Awards Banquet

Seaport Ballroom

Wednesday, July 9th

5:00pm - 6:00pm - Cocktail Hour

6:00pm - 8:00pm - California Cruisin' Banquet *(Tickets still available)*

Join us as we wrap up the conference with our California Cruisin' LPA Awards Banquet celebrating the LPA community, featuring keynote speaker Selene Luna and guest artist Marco Santini. Selene Luna is a celebrated actor, comedienne, and voiceover artist, best known for her standout roles in FX's Mayans, Pixar's Coco, and Apple TV's Frog and Toad. A trailblazer in comedy and advocacy, she made history by producing LA's first stand-up show featuring an all-disabled lineup. Offstage, Selene is a passionate disability rights advocate, serving on the board of California Resource Services for Independent Living and championing inclusion on Capitol Hill.

Combining her talents as an actor, comic, and producer, Selene Luna is leading a new revolution in Hollywood, and we're honored to have her share her exciting journey with us.



SELENE LUNA
keynote speaker

Also meet Marco Santini, a multidisciplinary artist from New Jersey known for his vibrant murals, live paintings, and word-infused artworks that celebrate connection, positivity, and storytelling. Santini has painted at high-profile venues including the United Nations, where he created a live artwork for the 70th anniversary of the Geneva Conventions, and his work has been collected by notable figures such as Ringo Starr and Chris Martin. Marco is painting **US** this week, or at least, how we feel about our conference. For his last night with us, he will speak on the LPA masterpiece he has created, what common themes he heard from our members through the week, and what he learned from our amazing community.



We will also recognize and celebrate the achievements and contributions of individuals in the LPA community with special awards and recognition. We invite you to wrap up the week in your California Best and cruise into an evening of fun, laughter, and celebration. **Preregistration required.**





Offsite Special Events

San Diego Padres - Baseball, Bites & Beverages at the Ballpark

Friday, July 4th

1:30pm - 7:00pm

We recommend heading from the hotel at 1:30pm.

Petco Park is just 1 mile from the Manchester Grand Hyatt Hotel, making it easy to get to the game. The walk is relatively easy and takes about 15 minutes. The San Diego Trolley is a great alternative, with a nearby stop 1 block from the hotel that makes the journey even more accessible.

**Trolley tickets will be available to purchase at Conference Information Center at the registration room.

LPA Volunteers will be at the hotel's main entrance to assist with questions and guidance and at the entrance to the Western Metal Supply Co. Building in left field. LPA's reserved section for food and beverages is the iconic Padres game viewing experience that just got upgraded!

For the first 90 minutes before the game to an hour after the first pitch, you will have access to unlimited nachos, meatball sliders, and Friar Frank Tarantino hot dogs. Popcorn, peanuts and unlimited beverages including soda, water, Budweiser, Bud Light, and hard seltzers will be available from arrival through the seventh inning. Transportation will be on our own, either walking to the park or taking the metro.



Pre-purchased tickets required.

OWLS Coronado Ferry and Lunch

Saturday, July 5th ****TIME CHANGED****

OWLS meet at 10:15am at the Gift Shop in the Hotel Lobby; 11:25am Ferry Departure

SOLD OUT! Once on the island, discover its picturesque streets, unique shops, and renowned attractions. Perfect for attendees of all ages, Coronado Island promises plenty of activities and sights to enjoy. Take advantage of the Free Summer Shuttle (Route 904), which operates around the island, including the boardwalk area. This shuttle runs every 15 minutes and is a convenient option for getting around the island. Our group is heading to a pre-planned delicious lunch at Peohe's, located at 1201 1st Street, quite close to the Coronado Ferry Landing. Lunch begins at noon. **Pre-purchased tickets required.**

Coronado Ferry Group - **SOLD OUT**

Saturday, July 5th /

Members meet at 11:15am at the Gift Shop in the Hotel Lobby; 12:25pm Ferry Departure

Once on the island, discover its picturesque streets, unique shops, and renowned attractions. Perfect for attendees of all ages, Coronado Island promises plenty of activities and sights to enjoy. Take advantage of the Free Summer Shuttle (Route 904), which operates around the island, including the boardwalk area. This shuttle runs every 15 minutes and is a convenient option for getting around the island. Don't forget to savor a variety of delicious dining options available on the island. **Pre-purchased tickets required.**

Champagne Brunch Cruise

Sunday, July 6th

10:00am - 1:30pm

Meet In Lobby, Transportation is on your own (walk or ride share). Indulge in a sumptuous buffet-style brunch, featuring everything from made-to-order omelets to bakery-fresh desserts. Complimentary bottomless champagne mimosas, coffee, and tea, along with live entertainment, will set the perfect mood for a delightful morning.

Transportation on your own - about a 20 minute walk to the pier. **Pre-purchased tickets required.**

SEAL Tour

Sunday, July 6th

10:15am - 1:00pm

Meet in the hotel @ 10:15am in the Kettner Entrance Lobby (near Market 1). The tour departs from Seaport Village, which is just outside the hotel (0.1 miles).

Embark on an unforgettable adventure with SEAL Tours in San Diego! This unique tour combines both land and sea exploration, allowing you to experience the best of the city from a whole new perspective. Start your journey by cruising through picturesque streets in our Coast Guard-approved Hydra-Terra amphibious vehicles and then splash into the waters of San Diego Bay for a scenic cruise. We have a few different groups going to enjoy this trip together. **The tweens (CITM) and Teens will each be grouped together on separate vehicles. Pre-purchased tickets required.**



Offsite Special Events

San Diego Trolley City Tour

Monday, July 7th

12:30pm

Meet in the hotel's Seaport Tower Lobby / Kettner Blvd Entrance (near Market 1) The Trolley City Tour will depart from the Hyatt!

Discover the vibrant city of San Diego with an unforgettable guided tour on Old Town Trolleys! This exciting off-site event invites attendees to explore San Diego's rich history, stunning landmarks, and cultural treasures, all from the comfort of a narrated trolley ride. From historic Old Town to the scenic waterfront and beyond, you'll visit iconic sites and hidden gems, making this adventure perfect for attendees of all ages. The trolley tour offers engaging and informative commentary, allowing you to learn about the city's heritage while taking in the beauty of its diverse neighborhoods. Key landmarks and cultural sites will be highlighted, providing a comprehensive and entertaining overview of San Diego. Convenience is key, as the trolleys will pick guests up right at the Manchester Grand Hyatt Hotel, ensuring a hassle-free start to the tour. **Tickets Required.**

WNDR Museum (Teen Event)

Monday, July 7th

1:00pm – 4:00pm

Ready for an epic adventure just steps away from the Manchester Grand Hyatt? The WNDR Museum in the Gaslamp Quarter is your ticket to a mind-blowing experience! Dive into over 15 interactive installations that blur the lines between art and technology. Snap some seriously cool pics for your social feed, lose yourself in dazzling visual displays, and let your imagination run wild. This isn't your average museum visit—get ready to explore, play, and be amazed! Teens will stroll over together, approximately 0.3 miles from the Manchester Grand. **Pre-purchased tickets required.**

Amazing, Adaptive & Awesome - Beach & Surfing Day at La Jolla Shores - **SOLD OUT**

Tuesday, July 8th:

8:00am - 4:00pm

Meet in Lobby

Shuttles will run continuously from the Grand Hyatt to La Jolla Shore Beach from the hotel's Kettner Entrance Lobby (near Market 1). Priority for shuttle use will be given for people who signed up for adaptive surfing. The last beach departure return trip to the hotel at the end of the day will be at 4:00pm. If you do not make the bus, you will be responsible for your own transportation back to the hotel.

Lunch Delivery / Distribution at our tent area 12pm

Get ready to catch one of our biggest waves, or events, all weeks! Attendees will have the unique opportunity to experience the beauty of La Jolla Shores and enjoy the beach. Whether you want to relax by the ocean, build sandcastles, or take a leisurely stroll along the shore, this is the perfect chance to unwind and soak in the coastal atmosphere. For those craving adventures, you can also add a dedicated surf session designed for beginners. Feel the rush as professional instructors guide you through the basics, from balancing on the board to catching your first wave, ensuring a safe and enjoyable experience for all skill levels. The event will take place at La Jolla Shores, where the ocean's gentle waves will provide the perfect setting for learning and fun. Whether you're seeking a new adventure or just looking to embrace the vibrant surf culture, this hands-on surfing experience promises to be an unforgettable highlight of the conference. Dive into the thrill of surfing and create memories that will last a lifetime! Open to all swimming abilities, though please identify your ability when registering. This event is also open to wheelchair users, and we will have a few beach wheelchairs available on location too. **Tickets Required.**

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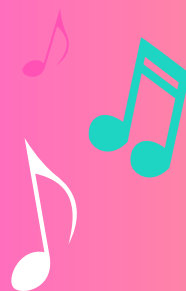
- 1 Day Hop-On / Hop-Off City Tour
- Hop-On / Hop-Off City Tour – 2 Consecutive Day Ticket
- SEAL Tour at Seaport Village
- SEAL Tours at Embarcadero
- San Diego City Lights Night Tour
- Ghosts and Gravestones Tour of San Diego
- Whaley House Daytime Tour
- Whaley House Evening Tour
- Holiday Sights & Festive Lights (tours only in December)
- San Diego USS Midway Museum
- Maritime Museum of San Diego
- Best of the Bay Cruise
- Whale and Dolphin Watching Midweek Adventures
- Whale and Dolphin Watching Adventures
- San Diego Sights & Sips Sunset Cruise



21 & OVER ONLY

BARTY

Lounge



SUNDAY NIGHT

With Nic Novicki & Friends

COMEDY NIGHT

JULY 2025

06

MONDAY NIGHT

Jason Wimberly | DJ Stephanie

Top Gun Theme

DISCO BINGO PARTY

JULY 2025

07

TUESDAY NIGHT

Our favorite band! Doctors and LPs playing together, what a wonderful tradition!

LITTLE BIG BAND

JULY 2025

08

WEDNESDAY NIGHT

DJ Stephanie

Surprise Special Guest! (This person rocks!)

KARAOKE

JULY 2025

09

AMERICA'S CUP, 4th FLOOR / 10:00PM - 1:00AM

""What a perfect line up! Surely you don't want to miss this, right?""



Offsite Special Events

San Diego Zoo

Wednesday, July 9th

10:00am – 4:30pm (shuttles run continuously approximately every 15 minutes)
Shuttles will run from the Grand Hyatt to the San Diego Zoo from the Kettner Entrance (near Market 1). The last zoo departure return trip back to hotel at end of day will be at 4:30pm. If you do not make the bus, you will be responsible for your own transportation back to the hotel.

Experience the wonders of the animal kingdom at the world-renowned San Diego Zoo! This off-site event offers attendees the chance to explore one of the most famous zoos in the world, wandering through lush habitats and encountering an incredible variety of animals. From diverse animal exhibits to interactive displays that educate about wildlife conservation, the San Diego Zoo promises a fun and educational day for all. Stroll through beautifully designed habitats and gardens and navigate the zoo with ease using the complimentary Kangaroo Bus and Skyfari Aerial Tram, both wheelchairs accessible. Perfect for attendees of all ages, this adventure ensures everyone can comfortably enjoy the visit. **Tickets Required.**

USS Midway Museum (Teen Event)

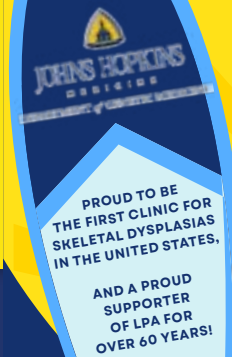
Wednesday, July 9th

1:00pm – 4:00pm

“Teens will stroll over” as a group. Meet in the hotel at the Kettner Entrance Lobby (near Market One).

Teens get ready for an epic adventure just a short stroll from the Manchester Grand Hyatt! Grab your friends and head over to the USS Midway Museum, where you can explore this massive aircraft carrier and step into the shoes of naval aviators. Check out the flight simulators, climb aboard vintage aircraft, and get a taste of history brought to life. It's the perfect blend of fun and education—an experience you won't want to miss!

The Johns Hopkins University Greenberg Center for Skeletal Dysplasias



Overview and Vision

The Kathryn and Alan C. Greenberg Center for Skeletal Dysplasias encompasses a multi-disciplinary team of providers, who are dedicated to improving the lives of persons of short stature through medicine, education, community, resources, and psychosocial support to patients and their families. We offer coordinated care for all ages!

Greenberg Center Multidisciplinary Team

- Dr. Julie Hoover-Fong, Director (Genetics), MAB
- Dr. Mari Groves (Neurosurgery), MAB
- Dr. Paul Sponseller (Orthopedic Surgery)
- Dr. Laura Sterni (Pulmonology)
- Dr. David Tunkel (ENT), MAB
- Dr. Jessica Fernandez (PM&R)
- Dr. Cecilia Cordova Vallejos (PM&R)
- Colleen Gioffreda (Administrator), MAB
- Kira Lurman (Nurse), MAB
- Amy Patterson (Genetic Counselor)

Check out a
star LPA
member
talking about
the clinic!



CONTACT INFORMATION

(410) 614-0977

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Julie T. Bernthal, MD
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Advance treatment through cutting-edge research.

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**Skeletal Dysplasia |
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